

# Eden Prairie Schools Wellness Advisory Committee

## **Convener:** Kristin Treptow, Child Nutrition Coordinator Facilitator: Jason Mutzenberger, Executive Director of Business Service

Date: January 9, 2018 - Mill Creek Room (Administrative Services Center) Time: 3:00 pm – 4:00 pm

## **Our Mission**

Inspire each student to learn continuously so they are empowered to reach personal fulfillment and contribute purposefully to our ever-changing world.

## **Our Purpose**

The school wellness committee is an advisory group including school staff, parents, and community members concerned with the health and well-being of students and staff. We will monitor the implementation and effectiveness of the school district's Local Wellness Policy according to the Healthy, Hunger-Free Kids act of 2010 and study and make recommendations regarding wellness related issues.

## Agenda:

- 1. Draft document addressing the wellness policy and highlighting some key points while also providing guidelines for healthy snack options.
- 2. Time line to communicate healthy snacks to principals, staff, parents, mailers, etc.
- 3. Pilot healthy snacks with staff using order form.
- 4. Lunch menu options-video, survey

#### Protocols:

- 1. Start and end on time
- 2. Reveal our interests and work toward the common good
- 3. Honor and respect multiple voices and ideas
- 4. Speak your truth with grace
- 5. Contribute to the conversation
- 6. Take care of self and others

#### Attendees:

Jason Mutzenberger, Exec Director Business Services Roxann Roushar, Director of Child Nutrition Kristin Treptow, Child Nutrition Coordinator Hernan Moncada, Principal Chuck Knuth, Community Member Sujata Costello, Community Member Terri Swartout, Community Member Zella Sahar, Student Sue Frei, Physical Ed Teacher Jane Lough, Physical Ed Teacher Sheryl Keeley, Health Services Meetings:

<u>School Year 2017-18</u> October 17, 2017 November 14, 2017 January 9, 2018 March 13, 2018 May 8, 2018