EDEN PRAIRIE SCHOOLS COMMUNITY EDUCATION

September-December, Fall 2019





SAVE THE DATE!

EPIC 2019-2020 Registration Opens

Friday, August 9, 2019 at 8 AM Learn more online at www.edenpr.org/EPIC

2020-2021 Preschool/ECFE Registration Opens

Tuesday, January 28, 2020 at 8 AM Learn more online at www.edenpr.org/ECFE

Summer 2020 Little Eagles Full Day Registration Open

Tuesday, January 28, 2020 at 8 AM (Closes May 15) Learn more online at www.edenpr.org/Preschool

Winter Warm-Up FREE EVENT!

Saturday, February 1, 2020 Education Center

Friday Fun Day FREE EVENT!

Friday, April 17, 2020 Lower Campus

GIVE Gathering FREE EVENT!

Thursday, April 23, 2020 Eden Prairie City Center



Feb. 1, 2020 from 10 AM-12 PM Education Center

Join us for music and dancing, games, face painting and more!





THE GIVE GATHERING

Gather to Inspire Volunteer Engagement
April 23, 2020 • City Center

- ✓ Visit the Volunteer Fair
- ✓ Join in a Group Service Project
- ✓ Sign up to Win Prizes

Find out more at edenpr.org/GIVEGathering



Vehicle Fair • Food Truck • Games • Face Painting

Join Us for FREE Family Fun!

LOCATION ADDRESSES

Administrative Services Center/ Lower Campus 8100 School Road

8100 School Road Eden Prairie, MN 55344

Eden Prairie High School

17185 Valley View Road Eden Prairie, MN 55346 (use north entrance door #1)

Central Middle School

8025 School Road Eden Prairie, MN 55344 (use west entrance door #1)

Cedar Ridge Elementary

905 Braxton Drive Eden Prairie, MN 55347 (use main entrance door #1)

Oak Point Elementary/ Eagle Heights Spanish Immersion

13400 Staring Lake Parkway Eden Prairie, MN 55347 (use lower level entrance door #12)

The Education Center

8040 Mitchell Road Eden Prairie, MN 55344 (enter off Technology Drive)

Eden Lake Elementary School

12000 Anderson Lakes Parkway Eden Prairie, MN 55344 (use main entrance door #1)

Forest Hills Elementary School

13708 Holly Road Eden Prairie, MN 55346 (use circle drive entrance door #2)

Prairie View Elementary School

17255 Peterborg Road Eden Prairie, MN 55346 (use southwest entrance door #15)

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REGISTER



ONLINE

www.edenpr.org/epcommunityed



PHONE

952-975-6940



IN PERSON

Education Center 8040 Mitchell Rd. Eden Prairie, MN 55344 8:00 AM-4:30 PM Monday through Friday

Para obtener información en español, contáctese con Heriberto Vargas en hvargas@edenpr.org o 952-975-7068. Haddii aad ubaahan tahay caawinaad af Somali so wac 952-975-7069.



Community Education

As a department of Eden Prairie Schools, Community Education inspires lifelong learning by providing opportunities to connect and engage people of all ages, interests and abilities. We offer classes and programs to expand your horizons, hone your talents or introduce you to a new hobby so that learning can be a fun and ongoing process not limited to a typical school day.

EARLY CHILDHOOD PROGRAMS

Early Childhood Family Education (ECFE) Parents & Children Birth to 5

ECFE classes are designed to strengthen families and support children's healthy growth and development. Ongoing weekly and one time classes provide parenting tips that can be used immediately. Learn more about our upcoming classes on page 14 and online www.edenpr.org/ECFE.

Little Eagles Preschool Ages 3 through 5

Eden Prairie Schools' preschool program is designed to provide children with all aspects of developmental preparation. Our program content, highly qualified teachers, and use of best teaching practices earned our preschool program the highest state Parent Aware rating of four stars.

Learn more about our program on page 22 and online at www.edenpr.org/ Preschool.

Early Childhood Screening

Screening is a free check on your child's development that is required of all children prior to starting kindergarten. Children can be screened beginning at age 3. See page 31 and visit www.edenpr.org/ECScreening for more information about screening and to learn how to schedule an appointment.

Early Childhood Program Locations

Education Center

(Community Education Office) 8040 Mitchell Road Eden Prairie, MN 55344

Lower Campus Preschool Center

8100 School Road Eden Prairie, MN 55344

Cedar Ridge Elementary

8905 Braxton Drive Eden Prairie, MN 55347

VISIT US: Families are welcome to schedule tours and ask questions! To complete the request form and arrange a tour, go to www.edenpr.org/Preschool and click the "Schedule a Tour" button.

YOUTH PROGRAMS

EPIC Youth Programs Ages 4+

Our EPIC Youth Program ignites interest and challenges students in a fun, safe, and supportive atmosphere. Enrichment and recreational classes are available to students before and after school and in the summer. Learn more about our wide variety of youth programming opportunities on page 34. More information is also available at www.edenpr.org/EPIC.

Teen Driver Education

Classroom and behind-the-wheel instruction for teens 18 and under are offered after school and in the summer at the high school with certified, licensed teachers. Check out page 37 for more information.

REGISTER

ONLINE

www.edenpr.org/epcommunityed

PHONE

952-975-6940

IN PERSON

Education Center 8040 Mitchell Rd. Eden Prairie, MN 55344



SCHOOL AGE CARE

Eagle Zone School Age Care

The district-wide before and after school child care program is coordinated by Eden Prairie Schools Community Education department. We are excited to offer an affordable, fun, and engaging care option for your K-6 grade child.

Eagle Zone is a choice-based program where students will have the flexibility to choose an activity that interests them throughout the program time. On a daily basis, we incorporate outdoor and gym time; quiet activities such as a reading corner, drawing station or a dramatic play area; and coordinated activities including arts and crafts projects, STEM experiments, cooking and other hands-on activities.

Learn more on page 10 or visit www.edenpr.org/EagleZone.

Are you knowledgeable in a subject you would like to present to students? We have Guest Speaker volunteer opportunities! Come into one of our classrooms and share your knowledge and expertise as a one-time opportunity, or present to various classrooms throughout the school year.

Contact Melissa Laubach at 952-975-6949 or mlaubach@edenpr.org with questions about any of our volunteer opportunitites.

ADULT PROGRAM

Adult Learning

We believe you are never done learning! That is why our Community Education program offers hundreds of classes. New classes are offered weekly and vary widely. Rediscover the joy of learning with no grades or papers—just the pure satisfaction of discovering something new. See pages 45-58 to learn more about our classes!

Adults with Disabilities Learning Exchange

A wide variety of classes and support services are offered for adults with disabilities. Classes meet from September to June and are open to residents of Eden Prairie, Bloomington, Edina, and Richfield. See page 59 for more information.

Adult Basic Education and ESL

In partnership with Metro South, we offer classes in Adult ESL, GED, Diploma, College Prep, and Citizenship. They are offered in Eden Prairie and Bloomington. Check out our ad on page 58 or visit www.metrosouth.org.

FACILITIES USE AND RENTAL

Are you looking for a place to meet or play? Most Eden Prairie Schools facilities can be scheduled for a variety of activities during non-school hours. Whether you need a meeting room, a whole gym or something in-between, Community Education can help. Our modest fees and professional on-site staff provide a convenient and high quality experience. Learn more by calling 952-975-6941 or visiting www.edenpr.org/FacilityUse.

FAMILY RESOURCES PROGRAM

Eden Prairie Schools Community Education operates the Family Resources Program to support students and families who live, work, or go to school in our community.

The goal of the Family Resources Program is to connect you to community information, resources, and local services. Additional information about resources and services available to those in Eden Prairie is on pages 6 and 7 and online at www.edenpr.org/FamilyResources.

FAMILY LITERACY PROGRAM

Our Family Literacy Program supports parents who want to learn English and their children through Family School (pg. 27), evening English classes (pg. 56), and an online Literacy Toolkit. Learn more at www.edenpr.org/FamilyLit.

VOLUNTEER PROGRAM

Share your skills and talents! Community Education places dedicated community members in volunteer placements across the district to enhance student learning. Sample opportunities include:

- Early Childhood Classroom Volunteer
- Preschool Classroom Volunteer or Literacy Tutor
- Elementary Classroom Volunteer or Literacy and/or Math Tutor
- Media Center, Cafeteria, or Playground Volunteer
- Special Events Support
- Evening Homework Help Volunteer/K-12 Tutor

Learn more on page 8 and at www.edenpr.org/Volunteer.



WINTER WARM-UP

WHERE: Education Center

Come out of the cold for this FREE family fun!

8040 Mitchell Road

Eden Prairie, MN 55344

FREE

EVENT

WHEN: Saturday, February 1, 2020

10:00 AM-12:00 PM

COST: FREE! No registration necessary.

INCLUDES: * Book Fair

* Kindness activities and crafts

* Open gym with live music

***** Face Painting

* Beach theme photo stop

and MORE!

Find out more at edenpr.org/Preschool



EDEN PRAIRIE SCHOOLS

Inspiring each student every day

EACH

What do we mean by "Inspiring each student every day"?

At Central Middle School we focus on the whole student. All of our learners have a unique set of skills and abilities, and we're committed to helping each student reach his or her highest potential. Our highly-qualified staff are experts in nurturing students and helping them build independence as they mature into young adults.

We invite you to come experience the CMS Way. Schedule a tour online at www.edenpr.org/tour or call our office directly at 952-975-7300. We look forward to meeting you and your student!

FAMILY RESOURCES PROGRAM

We at Eden Prairie Schools understand that every family needs help from time to time. Our community has a committed and compassionate group of service providers and nonprofits ready and willing to support families with a variety of needs.

The goal of Community Education's Family Resources Program is to connect Eden Prairie students and families to resources in the community.

Our staff can answer questions about what services are provided locally and by whom, facilitate connection to other organizations, and help navigate systems and advocate for families in need.



CONNECT WITH US

WE ARE HERE TO HELP! HERE ARE 5 WAYS TO GET STARTED.



To talk with someone about your needs, call the Family Resources Program at 952-975-7030 Monday-Friday from 8:30 AM-4:00 PM.



Connect with the Family Resources Specialist at family_resources @edenpr.org



Appointments are available by request. Contact the Family Resources Specialist at 952-975-7030 to schedule a time to meet at a location convenient to you.



Visit face-to-face with

the Family Resources Specialist. Simply stop by during business hours (8:30 AM-4:00 PM) at the Education Center, located at 8040 Mitchell Rd.



Submit a question or request for help online at www.edenpr.org/ FamilyResources.

STAY INFORMED! CHECK OUT THE FAMILY RESOURCES PROGRAM

Eden Prairie families are served by a wide range of nonprofits, government agencies, and other service providers. Staying up-todate on what's available can be time-consuming and difficult to navigate. The Family Resources Program seeks to streamline the process of exploring and accessing local programs and services.

Visit www.edenpr.org/FamilyResources to see an overview of the wide variety of resources available to Eden Prairie residents. There is information about local programs and services by type, as well as links to more information and program contact numbers.

- Before/After School Care
- Child Care
- Drugs & Alcohol
- Education
- Emergency Shelter/Homelessness
- Employment
- Financial
- Food
- Furniture, Clothing, & Other Material & Household Goods

- Homework Help & Tutoring
- Housing
- Immigration & Multicultural Resources
- Information, Referrals, Connection to Services
- Legal Services
- Local Government
- Mama Resources
- Medical/Health

- Mental Health
- Parenting
- Recreation
- Safety and Security
- Seniors
- Special Needs/Services for People with Disabilities
- Summer Fun & Family Activities



Calendar of Community Events

Visit www.edenpr.org/FamilyResources and select the Community Events Calendar. This online calendar includes a wide variety of events taking place in Eden Prairie, most being free, family-friendly, and open to the public. It also serves as a shared access point for organizations that serve Eden Prairie to post events and learn about what's going on in the community.

Sign up for the E-newsletter

The Family Resources Program E-newsletter is a monthly publication intended to build greater awareness of and connection to programs and services available to those in Eden Prairie.

You can view past newsletters and sign up to receive them at www.edenpr.org/ FamilyResources.

GET INVOLVED! JOIN THE COMMUNITY ENGAGEMENT IMPACT COUNCIL

Are you or your organization interested in collaborating with Eden Prairie social service providers and nonprofits to create a stronger community? We welcome you to join the Community Engagement Impact Council (CEIC). Join us as we learn from one another, explore the needs and gaps in services in Eden Prairie, and discuss how we can leverage resources and develop collective solutions. The group is composed of a cross-section of the community representing parents, local nonprofits, Eden Prairie Schools, government entities, churches, and other individuals who are interested in creating a vibrant and responsive community. Meetings occur on the second Thursday of every other month starting in September from 4:00-5:30 PM.

For more information visit www.edenpr.org/GetInvolved or contact Molly Patil at mpatil@edenpr.org.

VOLUNTEER WITH US!

At Eden Prairie Schools Community Education, we are passionate about incorporating volunteers into our classrooms, programs, and across the district. Volunteers invigorate each classroom and contribute to a nurturing and vibrant learning environment. With our extraordinary volunteers, we are able to engage and provide more personalized support to our students. Volunteering offers individuals the opportunity to participate in and contribute to the growth of Eden Prairie's young people.

Whether you can volunteer everyday, every week, or once in a while, we would love to work with you. We have volunteer positions that allow for flexibility— some tasks can even be done from the comfort of your own home! Regardless of your availability, you can have a significant impact on our learners, and ultimately, our community. Sign up today at WWW.EDENPR.ORG/VOLUNTEER!

SAMPLE VOLUNTEER OPPORTUNITIES

Early Childhood Family Education (ECFE) Classroom Volunteer

We have opportunities for volunteers to serve as in-class support within our Early Childhood Family Education (ECFE) classes. ECFE classes are for parents and children ages birth through 4 years old and take place at the Education Center and multiple outreach sites across the community. We are always looking for great volunteers to join in on the fun!

Elementary and Middle Schools

We have opportunities for volunteers at each of our 6 elementary schools and at Central Middle School. Opportunities vary by school and range from oneon-one literacy or math tutors to office support and playground and cafeteria volunteers.

Have questions about volunteering? Contact Melissa Laubach at mlaubach@ edenpr.org or 952-975-6949.

Little Eagles Preschool

At our Little Eagles Preschool, we have opportunities for volunteers to work with our youngest readers as preschool literacy tutors or providing general classroom support. These classes consist of 3-, 4- and 5-year-old students. Volunteers in these positions work with small groups or individual students on literacy topics such as writing, reading, speaking, and the alphabet. Volunteers also engage students through play and provide assistance with activities and art projects. Preschool classroom opportunities are available at the Education Center, Lower Campus Preschool Center, and Cedar Ridge Elementary.

Special Events

We have several one-day volunteer opportunities at events throughout the year such as Friday Fun Day and Winter Warm-Up. Opportunities range from face-painting, to event set up, to leading activities, and more. Events are posted on our website and on our Facebook page.

Sharing Inspiration Guest Speaker

Are you knowledgeable in a subject you would like to present to students? We have Guest Speaker volunteer opportunities! Come into one of our classrooms and share your passion and expertise as a one-time opportunity, or present to various classrooms throughout the school year. Complete a Sharing Inspiration Speaker Profile to be posted to our volunteer speaker database for teachers across the district to review.

Robotics Volunteers

We have an active robotics program and welcome your involvement! The programs include kids from elementary to high school and incorporate so much more than just robots. In addition to engineering mentors, we have a need for adults with skills in writing, presentation, web design, marketing, and advocacy! We also need parents for team supervision. Sign up to volunteer for robotics by emailing the team at mail@team2502.com.

VOLUNTEER FAOS

How do I sign up?

Complete a short application online at www.edenpr.org/ Volunteer.

When can I start?

Positions are available year-round, with many beginning at the start of the school year (typically in early October for new volunteers). Applications are accepted on a rolling basis.

Will I need a background check?

Maintaining a safe environment for both our students and our volunteers is top priority for us, so we do require all volunteers have a background check. The background check will come in the form of an email from Trusted Employees. There is a cost of \$21, that we ask be paid by the volunteer. The background check is valid for as long as you remain an active volunteer.

What support and training is available to volunteers?

All volunteers participate in an orientation that provides all the necessary information to be successful in your volunteer position. Ongoing support is available from our Volunteer Program staff, as well as the classroom teacher or other district staff you serve with.

Have questions about volunteering? Contact Melissa Laubach at mlaubach@edenpr.org or 952-975-6949.

Please note that this district-wide volunteer program is not intended to recruit, train, or place parents who want to volunteer in their own children's classrooms or through the PTO. Please contact your child's teacher or your school's PTO for information on volunteering in that capacity.



I love the Little Learner class and the wonderful teaching staff! Being their volunteer on Mondays brings me joy! It is an honor to be a part of those beautiful children and parents beginning days on their education path!

- Jane, Early Childhood Family Education Volunteer

EAGLE ZONE

Eagle Zone School Age Care is part of our robust Community Education youth programming. Eagle Zone provides a fun, safe, and enriching environment that allows kids to get involved with engaging activities before and after school.

On a daily basis, Eagle Zone will provide an environment that is respectful, inclusive, and nurturing for youth in Kindergarten through 6th grade. Children will have the freedom to explore their interests, be active and socialize with their peers. Each day, students will have the choice to take part in various activities that promote the love of learning during out-of-school time.

You can register today by visiting the Eden Prairie Community Education webpage at WWW.EDENPR.ORG/EAGLEZONE.



EAGLE ZONE WILL WORK TO:

- * Establish a program that fosters a sense of belonging for all who are involved
- * Encourage students to explore their **personal** interests and individual strengths
- * Provide meaningful engagement between students and staff
- * Continuously introduce new activities that allow children to have **fun** and experience new things
- * Foster social, academic, physical and emotional development for all children involved
- Establish connections between families. community members, school staff and children
- * Cultivate an environment that provides a positive educational experience for all involved



Eagle Zone offers a fun, safe, and enriching program that provides kids with engaging, exciting activities before and after school.

WHY EAGLE ZONE?

What makes Eagle Zone a positive experience for families?

Eagle Zone employs high-quality staff who are passionate about working with each student. This team is committed to providing excellent care in a safe, nurturing environment. This helps create positive experiences on a daily basis for all children involved in the program.

What do kids experience in **Eagle Zone?**

The fun, engaging activities and projects will make Eagle Zone an unforgettable experience for our kids. Each day new activities will be introduced with various projects and special events that take place over the course of the year. STEM activities such as rocket building, gooey experiments, maze building,

and so many more. There will also be art projects, gym time, dramatic play, cooking activities and quiet activities for reading or doing homework.

What sets Eagle Zone apart from other programs?

Eagle Zone is a place where all children feel they belong. They explore their interests and identify their strengths. Supportive and encouraging staff allow children the opportunity to build independence, think critically, and create learning opportunities that continue the pursuit of learning outside of the school day. This ensures that all children experience individual growth. It is a place where children want to stay at the end of program time.

Where is Eagle Zone located?

The program conveniently takes place in your child's school. In addition, the program is committed to being accessible and inclusive for the families of Eden Prairie. This will include working with teachers, staff and school administrators to ensure that activities and programming aligns with the school in which your child attends.

How can I register?

You can register today by visiting the Eden Prairie Community Education webpage at www.edenpr.org/ EagleZone.

REGISTRATION DETAILS Fee Information, School Year 2019-2020

SESSIONS	FEE	
Before School Session	\$12.75/day	Starting at 6:30 AM until school starts.
After School Session	\$12.75/day	From the time school ends until 6:00 PM.
Drop-in Care	\$17.00/day	Drop-in care is considered any day that is requested within seven calendar days of when the care is needed.
Non-School Day (prior to deadline)	\$41.00/day	Any request made 7 calendar days prior to program date.
Non-School Days (Non-school day only & after deadline)	\$51.00/day	Any request made 7 calendar days within the date of care or when care is only needed on non-school days.

^{*} All fees are per child. Drop-in care and requests made after deadlines are pending availability.

CONTRACT REGISTRATION FEE (one-time charge per family)

# OF CHILDREN	FEE
1 Child	\$50
2 Children	\$65
3+ Children	\$75

ADDITIONAL PROGRAM FEES

Finders Fee	\$10
Late Pick-Up Fee	\$1/Minute Late
Late Payment Fee	\$15
Failed Payment Fee	\$20

EAGLE ZONE

EAGLE ZONE SCHEDULE

Monday-Friday, Eagle Zone begins at 6:30 AM. The morning session goes until the start of school at each given site. The afternoon session then starts at the end of the school day for each site, and goes until 6:00 PM, when Eagle Zone ends. Each site will follow the hours included below:



Cedar Ridge Elementary

Before School6:30-8:40 AM After School 3:00-6:00 PM

Oak Point Elementary/ **Eagle Heights Spanish Immersion**

Before School 6:30-9:05 AM After School 3:25-6:00 PM

Eden Lake Elementary

Before School6:30-9:20 AM

After School 3:40-6:00 PM

Choosing a Schedule

Families can pick their days of care as needed. There is a minimum of three days per month for the session of care that is being requested.

Financial Assistance

We will work with Hennepin County Childcare Assistance to provide financial support to qualified families.

Billing

Billing is done monthly. Invoices will be sent out the first week of the month after care has been provided. Payments are due on the 15th of that month.





Prairie View Elementary

Before School6:30-9:20 AM After School 3:40-6:00 PM

Forest Hills Elementary

Before School6:30-8:40 AM After School 3:00–6:00 PM

Eagle Zone also provides Non-School Day Care for most non-school days in the district.

Non-School Day Program Hours: 6:30 AM-6:00 PM

Each Year, Eagle Zone is closed on the following days:

- Labor Day
- Fall Staff Training Day (the date varies in October)
- Thanksgiving Day
- Day After Thanksgiving Day
- Christmas Eve
- Christmas Dav
- New Year's Eve
- New Year's Day
- Spring Staff Training Day (the date varies in February)
- Memorial Day

EAGLE ZONE: WHAT YOU NEED TO KNOW

IS BREAKFAST AVAILABLE FOR MY CHILD?

Breakfast is available from the school's food service program every day school is in session. Students participating will use their school lunch account to purchase breakfast.

IS THERE A SNACK PROVIDED FOR MY CHILD?

Eagle Zone will provide an afternoon snack for all children enrolled in Eagle Zone in the afternoon session.

HOW DOES CHECK-IN AND CHECK-OUT WORK?

Parents/quardians must sign their child in to the program for the before school session. You must also sign-out your child when picking them up during the after school session. An ID may need to be presented by whomever is picking up the child. You are also required to provide permission for anyone other than a parent/quardian to pick up your child. When you register for Eagle Zone, you will be asked to name persons authorized to pick-up your child. You can add authorized individuals for pick-up through your online account as needed.

WHAT IS NEEDED FOR A NON-SCHOOL DAY?

Program participants are asked to bring various items to nonschool days. Please make sure that all items are labeled with the name of the child bringing the item. For all non-school days, children should bring:

- Lunch & Beverage
- Morning & Afternoon Snack
- Swimsuit & Towel, on field trip days that include swimming
- Appropriate Clothing for Outdoor Play
- Appropriate Clothing for Arts & Crafts

IS THERE A FEE FOR NON-SCHOOL DAY FIELD TRIPS?

Costs of activities and field trips are included in the registration fee. Transportation will be provided by the Eden Prairie Schools Transportation Department, or a designated charter company, according to school district policy. Eagle Zone t-shirts must be worn for field trip days. T-shirts can be purchased on-site. One t-shirt is provided with registration.



Eagle Zone Full-day Summer Program!

Summer Program Registration opens Feb. 7, 2020

- Available for grades K-6, including students who are entering kindergarten in the fall of 2019, and students who complete 6th grade this academic year.
- Full-day programming from 6:30 AM-6:00 PM
- Choice-based program that allows your child to explore activities based on their interests
- Field trips and special events included on a weekly basis
- Highly qualified, trained staff with a passion for working with youth

www.edenpr.org/EagleZone

EARLY CHILDHOOD FAMILY EDUCATION (ECFE)

You are your child's first and most important teacher! Early Childhood Family Education (ECFE) classes help you be the best parent you can be. ECFE classes are designed for you and your child, age birth to five. ECFE is unique to Minnesota and is a program of Eden Prairie Schools Community Education.

It is never too early to start stimulating your baby's mind in ways that promote healthy development and build on your relationship with your child. Our staff will show you ways to nurture your child's development physically, emotionally, and mentally. We have an inspiring curriculum that offers opportunities for you to learn with your child. There is also time for parent-only discussions where you will find answers to questions and meet other parents.

WHAT CAN I EXPECT AT A TYPICAL ECFE CLASS?

Parent-Child Activity: Time for you and your child to learn and play together, with songs, stories, and developmentally appropriate activities you can do at home.

Parent Discussion: Spend time with other parents discussing the joys and challenges of parenting while learning effective, research-based parenting strategies. A licensed parent educator will guide the discussion and share information about child development.

Children's Learning Time: In classes where children and parents separate for the parent discussion, children will stay with licensed early childhood teachers. Children will learn social-emotional skills while playing and learning with other children.



PARENT RESOURCES

Do you have questions about tantrums, sibling relationships, bedtime routines, healthy eating, or developmental milestones?

Schedule a confidential one-on-one consultation with an experienced parent educator who will connect with you by phone, email, at home, or at the Education Center. This consultation is free to all Eden Prairie families with children ages birth through 5 years old. Parents of a K-12 child may also request a consultation for a \$35 per hour fee.

Call 952-975-6940 or email ComEd@edenpr.org to learn more and schedule your free appointment.

Parent Networks

Invite 6-12 of your friends to your home for an hour-long personalized parent education session. Together with early childhood professionals, you will choose a date, time and topic for your group. Staff will bring materials and facilitate a discussion.

Fee is \$100 per session. Call 952-975-6940 to schedule a session.

ECFE FAQS

When do ECFE classes start and end?

School Year-long Classes begin on Sept. 5 and run through May 8. This aligns with the school district calendar for non-school days. Registrations are accepted year round based on availability and fees are pro-rated.

10-Week Sessions are scheduled in three segments though the school year. They align with the school district calendar for non-school days. There are new 10-week classes that start in September, November, and February.

What is the difference between 10-week and school year-long

classes? ECFE classes run in two separate schedules to give your family flexibility. The school year-long schedule allows the same group of families to stay together for the full school year. The 10-week schedule allows increased flexibility for your calendar. Both the 10-week and school year-long classes will cover similar topics and lessons.

Can I take more than one 10-week class? Yes, you can sign up for one or all three in a school year. Class content and topics will vary based on class attendees. Please note, some content may repeat.

What is the difference between a non-separating, gradual separating, and separating class? In a non-separating class, parents stay with their children for the entire class. In gradual separating, there is a transition from parent/child time to separate time over the course of the class. Our separating classes include some parent discussion time held in a separate room.

Where are classes held? All ECFE classes (except Preschool Sampler) are held at the Education Center at 8040 Mitchell Road, Eden Prairie.

What resources are available for children with special needs?

Early Childhood and Family Education classes are inclusive of all children and families. Our program staff have strong collaborations with Early Childhood Special Education and work together as a team, including parents, to best meet the learning and developmental needs of all children in our classes.

How much do ECFE classes cost? The cost of classes are based on the sliding fee scale below. They are designed to be affordable for all families to attend.

What if I have other children who need care during class (i.e. Sibling Care)?

Care is available for siblings of children registered in ECFE classes. Babies through 5-year-olds grow by leaps and bounds in our child centered sibling care classrooms. Staff provide a flexible, fun learning environment which includes a theme-based curriculum explored through games, songs, art activities, and child-directed play.

Our experienced staff provide a safe, secure environment for your child that includes:

- Gentle, loving care
- Sleeping room for napping
- Feeding and diapering per parent request

Registration is required; fees are listed on the sliding fee scale below.



Sliding Fee Scale for ECFE Classes

Yearly Household Income	10-Week Class Fee	Year-Long Class Fee	Sib Care 10-Week Class Fee	Sib Care Year-Long Class Fee
\$100, 000 and Above	\$133	\$399	\$63	\$189
\$75,000-\$99,999	\$113	\$339	\$53	\$159
\$50,000-\$74,999	\$93	\$279	\$43	\$129
\$25,000-\$49,999	\$73	\$219	\$33	\$99
Under \$25,000	\$33	\$99	\$13	\$39

ECFE classes are priced on a sliding fee scale based on your household income. Payment for 10-week classes are made in full at time of registration. For yearlong classes, payment is charged on September 2, November 25, and February 17.

EARLY CHILDHOOD FAMILY EDUCATION (ECFE)

EARLY CHILDHOOD FAMILY EDUCATION SCHEDULE 2019-2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:15-10:45 AM	8:30-10 AM	9:15-10:45 AM		9:15-10:45 AM	
		Small Wonders *			
Tiny Explorers	Tiny Explorers	Tiny Explorers *		Tiny Explorers	
Movers and Shakers	Movers and Shakers	Movers and Shakers*		Movers and Shakers	
Little Learners					
11 AM-12:30 PM	10:15-11:45 AM	11 AM-12:30 PM	10:15-11:45 AM		9:30-11:30 AM
	Small Wonders*		Small Wonders*		Daddy and Me*
Tiny Explorers	Tiny Explorers		Tiny Explorers *		
Movers and Shakers	Movers and Shakers		Movers and Shakers*		
	5:30-7:00 PM		5:30-7:00 PM		
	Tiny Explorers		Small Wonders*		
	Movers and Shakers		Tiny Explorers *		
	Little Learners*		Movers and Shakers*		



ECFE classes are held at the Education Center at 8040 Mitchell Road, Eden Prairie, MN 55344.

Classes run September through May.

10-Week Classes run September-November, November-February, and February-May. Sign up for one, or all three!

Small Wonders

Less than 1 yr. (by Sept. 1, 2019)

Enjoy this relaxing, informative class for children who are less than one year old. This class is designed to be your time to slow down, enjoy your little one and develop a supportive network with other parents. Parents and children enjoy songs, puppets, musical instruments and other fun activities in our bright and baby-safe classroom. A knowledgeable parent educator will lead interactive discussions on feeding, sleeping, safety, brain development, balancing your life as a new parent and more. Non-Separating. Cost: See sliding fee scale on page 15.

10 Weeks (Sept.-Nov.*)

#1202-01 Tues. 10:15-11:45 AM #1202-02 Wed. 9:15-10:45 AM #1202-03 Thurs. 10:15-11:45 AM #1202-04 Thurs. 5:30-7:00 PM

Tiny Explorers

Age 1 yr. (by Sept. 1, 2019)

Toddlers grow, change and try new things at a rapid pace. Join this class where eager students turn a whirl of activity into learning that inspires confidence. You will learn songs, games, stories and activities to extend your child's learning at home. There will be parent discussion time to explore what is behind your toddler's endless energy and enthusiasm. Child-Led Separation.

The curriculum covered will have some repetition from prior 10-week sessions and will focus on each child/family's needs. Cost: See sliding fee scale on page 15.

School Year-long

Jenoor rear	iong	
#1203-01	Mon.	9:15-10:45 AM
#1203-02	Mon.	11:00 AM-12:30 PM
#1203-03	Tues.	8:30-10:00 AM
#1203-04	Tues.	10:15-11:45 AM
#1203-05	Tues.	5:30-7:00 PM
#1203-06	Fri.	9:15-10:45 AM

10 Weeks (Sept.-Nov.*)

,	,	,
#1203-07	Wed.	9:15-10:45 AM
#1203-08	Thurs.	10:15-11:45 AM
#1203-09	Thurs	5·30-7·00 PM

Movers and Shakers

Age 2 yr. (by Sept. 1, 2019)

Two year olds use experimentation to help interpret their world. Join this class and watch your child explore every learning opportunity with curiosity and passion. Children will practice social skills such as taking turns, listening to the teacher and following in line while experiencing a fun and loving classroom environment. Parents will meet and discuss topics like healthy eating habits, toilet training and how to set limits with love. Enjoy parent/child time including songs, activities and games that will help your child thrive in every way. Relax and enjoy the parent support and discussion time while building a network of friends for your child and family. Separating.

*Please note that 10-week classes may not separate. Separation is not our first priority due to the variety of experience and age range of the children. The curriculum covered will have some repetition from prior 10-week sessions and will focus on each child/family's needs. Cost: See sliding fee scale on page 15.

School Year-long

#1204-01	Mon.	9:15-10:45 AM
#1204-02	Mon.	11:00-12:30 PM
#1204-03	Tues.	8:30-10:00 AM
#1204-04	Tues.	10:15-11:45 AM
#1204-05	Tues.	5:30-7:00 PM
#1204-06	Fri.	9:15-10:45 AM

10 Weeks (Sept.-Nov.*)

		/
#1204-07	Wed.	9:15-10:45 AM
#1204-08	Thurs.	10:15-11:45 AM
#1204-09	Thurs.	5:30-7:00 PM

*New 10-week sessions start in September, November, and February. Sign up for one or all three!

Little Learners

Age 3 to 4 yr. (by Sept. 1, 2019)

Three and four year olds are excited to explore the world and meet new friends! The preschool years are full of discovery, but can also be a parenting challenge. Your child will build positive self esteem, confidence, and independence while they are in the classroom. Parents will learn more strategies for successful and effective parenting. Separating. Cost: See sliding fee scale on page 15.

School Year-long 1208-01 Mon. 9:15-10:45 AM 10 Weeks (Sept.-Nov.*) 1208-02 Tues. 5:30-7:00 PM

Looking to connect with other parents? Want to have more time for social-emotional development for your child?

Come and Play

Birth-5 Years

Explore, create, and discover fun and friends! Time in the classroom and gym will provide opportunity for socialization and purposeful play. All classes are held on a Thursday from 9:00-10:00 AM.

#1212-01	Sept. 12	#1212-06	Feb. 13
#1212-02	Oct. 10	#1212-07	Mar. 12
#1212-03	Nov. 14	#1212-08	April 9
#1212-04	Dec. 12	#1212-09	May 7
#1212-05	Jan. 9		

Education Center, Multipurpose Room Cost: \$5 per child or \$10 per family

Preregistration is required. Open to all families.





Music and Movements

Age 6 month-4 years by the Start of Class

You and your child will explore the basic building blocks of music through movement and dance, instrument play, and singing! Music and Movement classes are designed as an opportunity to enrich growth and development for children ages 6 months to 4 years. \$55 per class.

#1216-01 #1216-02 #1216-03 #1216-04 #1216-05 #1216-06 #1216-07 #1216-08 #1216-09	Age 1.5–2.5 years Age 1.5–2.5 years Age 2.5–4 years Age 2.5–4 years Age 5–18 months Age 5–18 months Age 1.5–2.5 years Age 2.5–4 years	Wednesdays, Oct. 2-Nov. 13 Thursdays, Oct. 3-Nov. 14 Wednesdays, Oct. 2-Nov. 13 Thursdays, Oct. 3-Nov. 14 Wednesdays, Oct. 2-Nov. 13 Thursdays, Oct. 3-Nov. 14 Wednesdays, Oct. 3-Nov. 14 Wednesdays, Jan. 29-March 4 Thursdays, Jan. 30-March 5 Wednesdays, Jan. 30-March 5	9:30-10:15 AM 9:30-10:15 AM 10:30-11:15 AM 10:30-11:15 AM 11:30 AM-12:00 PM 11:30 AM-12:00 PM 9:30-10:15 AM 9:30-10:15 AM 10:30-11:15 AM
	,	•	



Managing Multiples

Birth-5 Years

Are you the parents of twins, triplets, or more? Join this once a month multiples class for support from other parents of multiples, parent education, and play time for the children. Sign up for one or all the classes, \$10 per class.

Register only one child for this class and the remaining children birth to 5 are free!

#1214-01	Friday, Sept. 20	11:00 AM-12:30 PM
#1214-02	Friday, Oct. 25	11:00 AM-12:30 PM
#1214-03	Friday, Nov. 15	11:00 AM-12:30 PM
#1214-04	Friday, Dec. 13	11:00 AM-12:30 PM
#1214-05	Friday, Jan. 17	11:00 AM-12:30 PM
#1214-06	Friday, Feb. 21	11:00 AM-12:30 PM
#1214-07	Friday, Mar. 20	11:00 AM-12:30 PM
#1214-08	Friday, April 10	11:00 AM-12:30 PM
#1214-09	Friday, May 1	11:00 AM-12:30 PM

Preschool Sampler

Age 3 by the Start of Class

This class is designed for the children to ease into the world of preschool. Children will "practice" preschool during this drop-off class. Students will strengthen their independence and will be ready to soar as a Little Eagle into preschool!

Preschool Sampler is held at the Lower Campus.

(Beginning October 22–23, 2019)

#1206-01 Wednesdays 9:00–11:30 AM #1206-02 Tue/Thu 9:00–11:30 AM

(Beginning February 11–12, 2020)

#1206-03 Wednesdays 9:00-11:30 AM #1206-04 Tue/Thu 9:00-11:30 AM

1-Day Cost: \$175 2-Day Cost: \$350



Birth-5 Years

This class provides time for interactions between dad and child or children. Boost your parent bond through planned activities, circle time, music, gym time and more. Relax and enjoy the parent discussion time while building a network of friends for your child and family. Register only one child for this class and the remaining children birth to 5 are free! Cost: See Sliding Fee Scale on pg. 15.

10 Weeks (Sept. – Nov.*) #1213-02 Saturdays 9:30–11:30 AM

*New 10 week sessions start in September and February. Sign up for one or both!



WANT TO TRY AN ECFE CLASS FOR FREE?

Welcome babies! Give your baby a strong start. These classes are for newborns through babies age 12 months and their significant caregivers: mom, dad, grandparents, etc. These baby classes are offered free of charge, but pre-registration is required. A variety of dates and times are offered throughout the year. All classes are held at the Education Center.

FREE Dinner and Story Time

Bring your family to celebrate your new family member with a Dinner and Story Time. Enjoy a free meal with other Eden Prairie families that also have a new baby and share a story time with songs and helpful information. Each family will leave with a free children's book to read to your newest family member. These events are offered in partnership with Helping Us Grow (HUG). Please register your baby first and all additional family members that will be attending the dinner.

Events are from 6:00-7:15 PM.

#1321-01	Monday, Sept. 23
#1321-02	Monday, Nov. 4
#1321-03	Monday, Feb. 3
#1321-04	Monday, March 23
#1321-05	Monday, May 4

FREE Breakfast and Baby Storytime

Bring your family to celebrate your new family member with a Breakfast and Story Time. Enjoy a free meal with other Eden Prairie families that also have a new baby and share a story time with songs and helpful information. Each family will leave with a free children's book to read to your newest family member. These events are offered in partnership with Helping Us Grow (HUG). Please register your baby first and all additional family members that will be attending the meal.

Events are from 9:30-10:45 AM.

#1320-01	Saturday, Oct. 5
#1320-02	Friday, Feb. 7
#1320-03	Friday, May 8

FREE Infant Massage

Are you wondering what you can do to help your new baby's digestive system work better, or help relieve congestion? You will learn some helpful techniques from a physical therapist certified in infant massage. Start with a short fiveminute routine each day that will help comfort and soothe your baby, as you get to know each other better.

Monday classes are 6:00-7:00 PM.

#1222 A1	Manadau Cant O
#1322-01	Monday, Sept. 9
#1322-03	Monday, Oct. 21
#1322-05	Monday, Dec. 2
#1322-07	Monday, Jan 13
#1322-09	Monday, March 9
#1322-12	Monday, April 20
#1322-13	Monday, May 11

Friday classes are 10:00-11:00 AM.

#1322-02	Friday, Sept. 13
#1322-04	Friday, Oct. 25
#1322-06	Friday, Dec. 6
#1322-08	Friday, Jan. 17
#1322-10	Friday, March 13
#1322-11	Friday, April 17
#1322-14	Friday, May 15

FREE Parent and Baby Yoga

Are you feeling a need for some time to de-stress by stretching and moving with your baby to help you both relax? No previous yoga experience is needed to join this class, just wear comfortable clothes and bring a blanket for your baby.

Classes are 10:30-11:30 AM.

#1324-01	Friday, Sept. 20
#1324-02	Friday, Nov. 1
#1324-03	Friday, Jan. 10
#1324-04	Friday, Feb. 21
#1324-05	Friday, March 27
#132/1-06	Friday May 1

FREE Baby Sign Language

Would you like to explore some helpful ways to communicate with your baby? This class will introduce you to some of the basic signs that will help you navigate the frustration that babies and parents experience.

Classes are 6:00-7:00 PM.

#1323-01	Monday, Oct. 7
#1323-02	Monday, Feb. 24
#1323-03	Monday, April 20

FREE Baby Shower

You and your new baby, or you and the baby you are expecting are invited to this Baby Shower! We want to celebrate this special time with you and share the resources available through the Early Childhood Family Education (ECFE) program here in Eden Prairie. We will have information, refreshments, and a special gift for you!

Classes are 10:00-11:30 AM.

#1325-01	Friday, Sept. 2
#1325-02	Friday, March

FREE Baby Play & Parent Learning

Are you wondering what your baby needs now and what you can do to help? Meet other families and enjoy time interacting with them. Learn from a professional and have time to ask questions PLUS get answers.

Classes are 10:00-11:00 AM.

#1326-01	Friday, Oct. 4
#1326-02	Friday, Jan. 24
#1326-03	Friday, April 24

ECFE OUTREACH CLASSES-FREE!

Early Childhood Family Education is a wonderful resource for Eden Prairie families. Finances or transportation should not be a barrier for families interested in learning more about how to best support your child's growth and development. In an effort to make ECFE classes available to all families, we host outreach classes that are taught throughout the community which includes time to connect with Early Childhood staff and parent educators. Please note - we only have space for each family to enroll in ONE section of Outreach. To enroll in a class, you must be a resident of the complex.

BRIARHILL OUTREACH

#1224 Briarhill Mondays, 1:00-2:30 PM **Briar Hill Apartments** 7025 Woodland Dr. Eden Prairie, MN 55346

CASCADE

#1224 Cascade Wednesdays, 1:00-2:30 PM **Cascade Apartments** 12100 Singletree Lane Eden Prairie, MN 55344

FOUNTAIN PLACE

#1224 Fountain Place Thursdays, 1:00-2:30 PM Fountain Place Apartments 8564 Magnolia Trail Eden Prairie, MN 55344

PRESERVE OUTREACH

#1224 Preserve Center Tuesdays, 9:30-11:00 AM The Preserve 11221 Anderson Lakes Pkwy. Eden Prairie, MN 55344

Classes are held throughout the school year. A detailed schedule is available at class. Pre-registration is requested. Additional outreach locations may be added throughout the year. Check our website to learn more! Register for free online at www.edenpr.org/ epcommunityed or call 952-975-6940.

PARENTING SEMINARS

A pizza dinner will be available from 5:00 to 5:30 pm. The cost is \$2 per slice and is also available to children enrolled in sibling care. Please bring cash or check the evening of the event to cover the cost of the pizza. Advanced registration is required.

Helping Your Child Develop **Healthy Friendships**

Lisa Rapke-Hoffman, Early Childhood Social Worker, will discuss stages of social development and how parents can support their child with positive peer relationships.

#1450-01 Thurs., Sept. 26 5:30-7:00 PM

Avoiding Power Struggles at Mealtime

Do you have a picky eater in your home? Are you worried about your child's eating habits? Join this discussion, led by Laura Sopeth, a certified feeding therapist, to discuss tips for parents and traps to avoid at mealtime. Laura Sopeth is an occupational therapist at Children's MN clinics and has extensive experience with feeding and providing feeding therapy to young children.

#1460-01 Thurs., Nov. 14 5:30-7:00 PM

Anxiety in Young Children

We will discuss typical fears and anxiety during the early childhood years. Ideas of parents' role in supporting their child in times of stress will also be discussed.

#1470-01 Thurs., Jan. 16 5:30-7:00 PM

Parenting Together

Parenting is hard work and can take a toll on a couple's relationship. We will discuss how to effectively work together and keep your relationship a top priority when raising young children.

#1480-01 Thurs., Feb. 20 5:30-7:00 PM

Let's Talk About Play

Play is essential to a child's healthy growth and development, we all know that right? And yet, when we look at the current landscape of childhood, play and the time for it are getting harder and harder to find. Join us for a community conversation that will inspire you to find more time for play in your family.

#1490-01 Thurs., Mar. 19 5:30-7:00 PM

Celebrate PREGNANCY, BIRTH and **PARENTHOOD**

Parents (including expectant!) – Join us for education, giveaways, goodies and FUN!

★ The Do's and Don'ts ★ Childbirth: Labor of Pregnancy

Wondering if your pregnancy experience is normal? Overwhelmed with information on what's safe and what to avoid?

Join us for an expert-led discussion all about pregnancy, fetal growth, and self-care to put your mind at ease and guide you through the length of your pregnancy. Find support with families going through similar experiences and get your questions answered in a safe space by a certified midwife and registered public health nurse.

Classes are 8:00-9:30 AM. For parents only (including expectant)

#1400-01 Saturday, October 12 #1400-02 Saturday, January 25 #1400-03 Saturday, May 16

and Delivery 101

Nervous or have questions about labor and delivery? Let us help you enter childbirth feeling prepared and

We'll cover a range of topics on the process of labor - including signs of active labor, strategies used to cope during labor and routine care in the process. We'll discuss common complications of labor, possible medical interventions (including Cesarean birth) and recovering in the hospital. We'll also talk about what to expect the first few days for mom and baby as they transition home, as well as possible feeding challenges when breastfeeding, pumping, or using formula. Find support with families going through similar experiences and get your questions answered in a safe space by a certified midwife and registered public health nurse.

Classes are 10:00 AM-12:30 PM. For parents only (including expectant)

#1410-01 Saturday, October 12 #1410-02 Saturday, January 25 #1410-03 Saturday, May 16

***** Postpartum Prep: Caring for You and Baby the First 12 Weeks

It's hard to be fully prepared to welcome home a new baby, but knowing what to expect can reduce anxiety and build confidence. We will discuss maternal recovery and warning signs of complications. We'll also talk about newborn care including sleep, feeding, parenting, development, and more.

Classes are 1:30-4:00 PM. For parents only (including expectant)

#1420-01 Saturday, October 12 #1420-02 Saturday, January 25 #1420-03 Saturday, May 16

> *Register online and pay for all 3 prenatal classes in one transaction and receive a \$21 DISCOUNT!



Kathy is a Licensed Parent Educator with a Masters in Education. She has worked for Eden Prairie for 13 years teaching ECFE classes and providing individual consultations to parents. She loves teaching the baby classes and helping parents feel confident and connected.



Lani is a Certified Nurse Midwife, Public Health Nurse, and Early Childhood Licensed School Nurse. She has worked with families and infants in a variety of roles including prenatal care, labor and birth, postpartum, and early childhood. She enjoys sharing knowledge and experience to help families become informed self advocates.

OCT. 1-31, 2019



Diapers & Wipes [SIZES 3 AND UP ARE NEEDED MOST]

New or Open Packages are Accepted at these Locations:

Education Center

Lower Campus

City of Eden Prairie Community Ctr.

Eden Prairie Library

Kinderberry Hill

Eden Prairie Montessori

Kindercare

South Lake Pediatrics

Items collected will be donated to PROP (www.PROPfood.org) for local families in need.

WWW.EDENPR.ORG/DIAPERDRIVE





FREE EVENT!

Inviting all families to join us for

FRIDAY: FUNDAY!



WHERE: EPS Community Education

Lower Campus

8100 School Road

Eden Prairie, MN 55344

WHEN: Friday, April 17, 2020

5:00-7:00 PM

COST:

FREE! No registration necessary.

INCLUDES:

***** Vehicle fair

***** Food trucks

* Open gym and playground

***** Book Fair

Participate in activities and crafts

and MORE!

Find out more at edenpr.org/Preschool

LITTLE EAGLES PRESCHOOL

WHY CHOOSE LITTLE EAGLES PRESCHOOL?

Little Eagles Preschool is a program of Eden Prairie Schools Community Education and provides an innovative classroom where creativity and imagination soar! Our diverse classrooms help students discover a love for learning in an interactive and academically rich environment. Your child will be immersed in a stimulating learning environment filled with fun, challenging, and creative learning activities! Join us to get a jump-start on kindergarten readiness.

There are many preschool options available to families in Eden Prairie, but Little Eagles Preschool program is the only one that aligns with Eden Prairie Schools K-12 curriculum and the overall K-12 system. We work closely with Early Childhood Special Education and kindergarten staff to foster a successful transition from preschool to kindergarten.

Curriculum Focused on Personalized Learning

At Eden Prairie Schools, our mission is to inspire each student every day. Our preschool is designed to create excitement around education and provide a foundation for lifelong

learning. We use Creative Curriculum, which is a balanced approach of all social-emotional and academic areas. We focus on personalized learning for your child. Lessons are designed around your child's skills to prepare them for kindergarten and beyond. Throughout the school year, staff conduct assessments using the whole child approach utilizing the Teaching Strategies GOLD observation based assessment tool.

Preschool Dates

The preschool calendar aligns with the school district with classes being held September 3, 2019-June 9, 2020. The calendar is available online at: www.edenpr.org/Preschool. On most days when school is not in session, we will have nonschool day opportunities (for Full-day Preschool).

WHAT MAKES OUR PROGRAM GREAT?

- We have HIGHLY TRAINED STAFF who participate in continuous professional development training through the Eden Prairie School District.
- We INTEGRATE TECHNOLOGY into the classroom. Teachers and students use SMART Boards and iPads, which have been proven to support learning.
- We use **CREATIVE CURRICULUM** to deliver a curriculum rich in math, reading, science, and art geared for kindergarten success and aligned with the K-12 system.
- We PERSONALIZE LEARNING and provide NURTURING SUPPORT for your child.
- We are INCLUSIVE and specifically designed to bring together typically developing children and those with special needs to learn and grow together. Staffing patterns are determined by the individual needs of each classroom.
- We provide PARENT EDUCATION and CONNECTION RESOURCES throughout the year including five Parent Days that include parent/child activities as well as a facilitated discussion lead by licensed parent educators.
- We include an INTRODUCTION TO THE SPANISH LANGUAGE. Weekly lessons use a curriculum based on the monthly English themes and skills.
- **KINDERGARTEN READINESS** information and Teaching Strategies GOLD assessment data is shared with EPS elementary schools to help ensure a **SMOOTH TRANSITION**.

CAN I STILL REGISTER MY CHILD FOR PRESCHOOL?

Registration is open year-round, but preschool classes fill quickly! Below are the options for the 2019-2020 school year. Families love our flexible options! Choose from 3 to 5 days per week. Choose to add extended day programming to your afternoon preschool class. Need more flexibility? Our full-day preschool runs from 6:30 AM to 6:00 PM. See the next page to learn more!

WHAT ARE YOUR PRESCHOOL OPTIONS?

SELECT YOUR CLASSES BASED ON YOUR CHILD'S AGE BY SEPT. 1, 2019.

Families love our flexible options! Choose from 3 to 5 days per week. You can add non-school days and summer programming, too. Need more flexibility? Our full-day preschool extends learning and care times from 6:30 AM to 6:00 PM.

Location	Lower Campus Half-Day Preschool	Cedar Ridge Half-Day Preschool	Education Center Full-Day Preschool	5 K-Prep at Cedar Ridge Full-Day Preschool
Time(s)	9:30 AM-12:00 PM 1:00-3:30 PM	10:15 AM-1:15 PM	6:30 AM-6:00 PM	6:30 AM-6:00 PM
Extended Day	3:30-6:00 PM	Not available.	Not applicable.	Not applicable.
Days	M/W/F T/TH/F M/T/W/TH M/T/W/TH/F	M/T/W/TH/F	M/T/W/TH/F	M/T/W/TH/F
Cost	3 days \$225/month 4 days \$295/month 5 days \$375/month	\$435/month	\$52.80/day	\$52.80/day
Meals and Snacks	Children bring their own snack.	School lunch is available for purchase.	A snack is provided. School lunch is available for purchase.	A snack is provided. School lunch is available for purchase.
Bus Transportation	May be available based on qualifying factors.	Available for children living within the Eden Prairie School District.	Not available.	Not available.
Ages	3–5 year olds	4–5 year olds	3–5 year olds	5 year olds
Registration Notes	Spaces are filled on a first come, first served basis.	Spaces are filled on a first come, first served basis.	Spaces are filled on a first come, first served basis.	Children must be age 5 by Sept. 30 to be eligible.

PRESCHOOL DATES

The preschool calendar aligns with the school district with classes being held Sept. 3, 2019–June 9, 2020. The calendar is available on line at www.edenpr.org/Preschool. For full-day preschool, we will have non-school day opportunities for your child.

LITTLE EAGLES PRESCHOOL

HALF-DAY PRESCHOOL

SELECT YOUR CLASSES BASED ON YOUR CHILD'S AGE BY SEPT. 1, 2019.

3s PRESCHOOL AT LOWER CAMPUS

Give your child an introduction to school through Little Eagles half-day preschool program. Our developmentally appropriate program supports your learner with personalized instruction and a strong focus on social and emotional development.

3 Year Old Section Options

DAYS	TIME	COST PER MONTH
M/W/F	9:30 AM-12:00 PM	\$225
M/W/F	1:00-3:30 PM	\$225
T/TH/F	9:30 AM-12:00 PM	\$225

3 and 4 Year Old Section Options

DAYS	TIME	COST PER MONTH
M/T/W/TH	9:30 AM-12:00 PM	\$295
M/T/W/TH	1:00-3:30 PM	\$295
M/T/W/TH/F	9:30 AM-12:00 PM	\$375
M/T/W/TH/F	1:00-3:30 PM	\$375

4s PRESCHOOL AT CEDAR RIDGE ELEMENTARY

Families can expect children in Little Eagles Preschool at Cedar Ridge to experience the same interactive, stimulating, and academically rich programming that you have become accustomed to, with the added bonus of 30 additional minutes than a typical half-day program. Students get to practice for kindergarten by having lunch as a part of their preschool day. You have the option of bringing a lunch from home or purchasing a school lunch for an additional fee. We have dedicated preschool transportation to and from school for children living within the Eden Prairie School district boundary.

DAYS	TIME	COST PER MONTH
M/T/W/TH/F	10:15 AM-1:15 PM	\$435

SCHEDULE A TOUR

We would love to meet you and show you how your child will grow and thrive with Little Eagles Preschool. Set up a tour to explore our classrooms, meet our teachers and learn about our programs.

To complete the request form and arrange a tour, go to www.edenpr.org/ Preschool and click the "Schedule a Tour" hutton

EXAMPLE DAILY SCHEDULE

- Free choice time with teacher (includes dramatic play, writing and listening center)
- Gym/motor room or outside activities
- Snacks/lunch
- Large group activity
- Music and movement
- Small group activities: literacy and writing
- Read aloud and vocabulary
- Large group activity
- Rest/nap and quiet time activity
- Free choice and art
- Large group Smart Board activity
- Snack and reading
- Small group activities: math, science, and sensory
- Outside activities
- Story time
- Gym and free choice



Our program is rated with the **Parent Aware** highest rating of four stars!

EXTENDED DAY AT LOWER CAMPUS

Expand your child's Little Eagles Preschool experience at Lower Campus through our extended day option. Our skilled staff will provide additional enriching activities and individualized instruction through structured play. Extended day is available after your child's afternoon preschool class from 3:30 to 6:00 PM. Create your own custom schedule! Choose anywhere from 1 to 5 consistent days per week.

1 day/week = \$40 per month2 days/week = \$80 per month 3 days/week = \$120 per month 4 days/week = \$160 per month5 days/week = \$200 per month



FAMILY SCHOOL FOR ENGLISH LANGUAGE LEARNERS

Dugsiga Qoyska ee Dadka Barta Afka Ingiriisga // Escuela para Familias, Clases de Inglés como Segundo Idioma

The Family School program offers beginning English classes for adults during afternoon preschool. English class takes place from 1:00-3:15 PM on Mondays and Wednesdays or Tuesdays and Thursdays, depending on class level. Children can be enrolled in 4- or 5-day afternoon preschool.

For more information, visit www.edenpr.org/family lit or contact Lydia Nelson at 952-975-6968 or lydia_nelson@edenpr.org.

Barnaamijkan Dudsiga Qoysku wuxuu qoysaska caruuri uugu jirto dugsiga xannaanada ciyaalka ee galabtii siinayaa fasallo Ingiriisi ah oo bilow ah oo dadka waaweyn loogu talagaley. Fasalladan Igiriisiga ahi waxey baxayaan 1:00pm ilaa 3:15pm; Isniinta iyo Arbacada, ama Salaasada iyo Khamiista taas oo kuxidhan darajada fasalka. Caruurta waxaa la qorri karaa fasalada xannaanada galabtii ee 5-ta ama 4-ta maalmood baxa.

Si aad u hesho macluumaad dheeraad ah boogo barta www.edenpr.org/ familylit ama email u dir: Lydia Nelson, lydia nelson@edenpr.org ama ka wac 952-975-6968 ama Yussuf_Issa@ edenpr.org, 952-975-7254.

El programa Escuela para Familias ofrece clases de inglés para adultos durante el horario de clases de prescolar. Las clases son de 1:00pm a 3:15pm lunes y miércoles, o martes y jueves, dependiendo del nivel de inglés. Las clases para prescolares son 4 o 5 días de la semana de 1:00pm a 3:30pm.

Para más información visite, www.edenpr.org/familylit o comuníquese con Lydia Nelson, lydia_ nelson@edenpr.org o 952-975-6968. También puede llamar a Heriberto Vargas al 952-975-7068.



LITTLE EAGLES PRESCHOOL

FULL-DAY PRESCHOOL, AGES 3-5

Looking for a quality preschool, but need flexibility? Our full-day preschool offers traditional preschool curriculum along with full-day programming that extends preschool learning throughout the day. Attend Little Eagles Preschool for a full day of learning and fun!

We focus on social, emotional, physical, and intellectual growth appropriate for 3 to 5 year olds to provide a solid foundation for lifelong learning. A team of teachers and staff will teach and support your child throughout the day.

The district food service provides an optional lunch to families interested in purchasing one for their child. You'll receive a menu each month so you can plan ahead for your family. Students eat in the Garden Room cafeteria-style to help better prepare them for lunch at the elementary school. We also have two snack times a day. one we provide and the other we ask you to send along with a water bottle.

DAYS M/T/W/TH/F **DATES** Sept 3, 2019-June 9, 2020 **OPEN TIMES** 6:30 AM-6:00 PM COST \$52.80/Day

AGE For children ages 3-5 LOCATION **Education Center**

8040 Mitchell Road

5K PREP FULL-DAY PRESCHOOL, AGE 5

5K Prep is specifically designed to meet the needs of students who are just missing the cut-off to kindergarten, or need another year of preschool prior to heading off to kindergarten. Students will have the opportunity to grow and develop skills to prepare them for kindergarten and beyond. We focus on social-emotional learning and personalized instruction to challenge each child to their full potential and be successful in kindergarten: Attending 5K Prep will ensure a smooth transition for your little learner! Children must be age 5 by Sept. 30 to register. Prior childcare or preschool experience preferred.

Students will start and end their day in our new Eagle Zone school age care program at Cedar Ridge Elementary School. They will have an opportunity to learn and play with fellow classmates as well as positive role models within the school.

Classroom teachers will transition students from Eagle Zone to the classroom where they will begin their day with a morning meeting. Their morning will consist of small group and large group instruction, free choice time, world language, and socialemotional learning.

Students will eat lunch in the cafeteria with half-day preschoolers and Cedar Ridge kindergarteners. Lunch will be available for purchase. The afternoon includes a visit to the school's playground, a quiet rest time, and a visit to the school's media center. Afternoon snack will be provided.

DAYS M/T/W/TH/F **DATES** Sept 3, 2019-June 9, 2020 6:30 AM-6:00 PM **OPEN TIMES** COST \$52.80/Day AGE For children age 5 by Sept. 30, 2019 LOCATION Cedar Ridge 8905 Braxton Drive



NON-SCHOOL DAYS FOR FULL-DAY STUDENTS

Looking for an exciting option for your child when school is not in session? Little Eagles Preschool follows the district school-year calendar. Days when the district is not in session, we do not have classes, but your child can sign up for non-school day activities. The non-school day hours are 6:30 AM-6:00 PM at a cost of \$47 per day.

Our non-school days are fun-filled, themed days including special in-house activities and occasional field trips. We want these days to be fun for the kids as it's their day off as well.

Once registered, you will receive a calendar, so you know when all of the non-school days are held. You will also receive monthly emails with upcoming non-school day details along with registration deadlines.

PRESCHOOL FAQs

Can I take a tour?

Yes! Families are welcome to schedule tours and ask questions. To complete the request form to arrange a tour, go to www.edenpr.org/Preschool and click the "Schedule a Tour" button.

Preschool classes are held at:

HALF-DAY PRESCHOOL

Lower Campus - 8100 School Road, Door #1B Cedar Ridge Elementary - 8905 Braxton Drive

FULL-DAY PRESCHOOL

Education Center - 8040 Mitchell Road

What options are available for parent involvement in preschool?

All Little Eagles Preschool classes have opportunities for parents to be actively involved by volunteering, participating in field trips, and attending the parent days. Parent days are offered during the year. These days are a unique opportunity for you to see your child's class in action and also to network and learn with other parents.

Why are there no two-day preschool options?

Best practices show preschool has the biggest impact when children attend for four and five days; so, we have added more four- and five-day preschool options for both three and four-year-olds. There are lasting benefits from quality preschool education; more hours in the preschool classroom now will help them be better prepared for full-day kindergarten.

Is transportation available?

Lower Campus: Busing may be available for half-day preschool based on qualifying factors.

Cedar Ridge: For half-day preschool, busing is available for all children living within the Eden Prairie School District boundary.

Are special education resources available?

Eden Prairie Schools Community Education works with children of all abilities. Our staff work with enrolled families to provide reasonable accommodations as needed for each child. The goal for all children is to have independent, meaningful participation in the program. All children participating in programming must consistently demonstrate the ability to follow adult direction, show readiness for large group activities, including the ability to remain with the group, and follow safety rules.

Children need to meet state eligibility criteria in order to receive Early Childhood Special Education services. Questions and concerns regarding your child's development are welcomed. For additional information, contact the Early Childhood Special Education Office at 952-975-6979.

Does my child need to be toilet trained?

Children must be 100% toilet trained before entering preschool; meaning they have the ability to identify and verbalize the urge to use the restroom in a timely manner, the ability to manage all self-help/toileting skills independently, and the ability to manage rest time without a pull-up.

What if my child wasn't 3 by Sept. 1, 2019? Are there other preschool options for them?

Our ECFE program has an option for children who will turn 3 during the school year.

PRESCHOOL SAMPLER

This class is designed for the children to ease into the world of preschool. Children will "practice" preschool during this drop-off class. Students will strengthen their independence and will be ready to soar as a Little Eagle into preschool! Preschool Sampler is held at the Lower Campus.

(Beginning October 22–23, 2019)

#1206-01 Wednesdays 9:00-11:30 AM #1206-02 Tue/Thu 9:00-11:30 AM

(Beginning February 11–12, 2020)

#1206-03 Wednesdays 9:00-11:30 AM #1206-04 Tue/Thu 9:00-11:30 AM

1-Day Cost: \$175, 2-Day Cost: \$350

Is fee assistance available?

Financial assistance is available for full-day preschool through the county you live in for families who qualify. Learn more at www.edenpr.org/FeeAssistance.

For half-day preschool, fee assistance is available based on financial need or family factors. As you register online, you will be asked a series of questions to indicate if financial assistance is needed.

What if I need a year-round preschool option for my child?

Full-day preschool summer options are also available. Registration opens in January.

We have summer youth program options for ages 4+ through Community Education's EPIC program. The program is designed to be flexible and meet your family's needs!

What if I have more questions?

Please contact us by phone, email or stop by our office with any questions you may have!

952-975-6940 ComEd@edenpr.org

RESOURCES FOR FAMILIES

EARLY CHILDHOOD SPECIAL EDUCATION

Eden Prairie Schools strives to ensure that each student reaches his/ her full potential by working to meet the unique educational needs of every student who walks through our doors. One way Eden Prairie Schools meets the needs of students is through Early Childhood Special Education—programs and services that meet an individual child's needs for children with disabilities from birth to age 5.

Early Childhood Special Education includes:

- Early Intervention Services for children birth through age 2;
- Comprehensive assessment of development for children ages birth through age 5;
- Direct and consultative services for children with special education needs (birth through 5), including possible services of ECSE teachers, speech and language therapy, and motor specialists;
- Parent support and education regarding special services, community resources and child development;
- Children with special needs are served in a variety of natural and inclusive settings such as home, childcare, or preschool;

For more information about ECSE, please contact the Early Childhood Special Education office at (952) 975-6979.

SOMALI CULTURAL SPECIALIST

We are happy to share that we have additional support available for Somali speaking families participating in early childhood programs. Our Somali Cultural Specialist can assist with a variety of things like registration, teacher communication, conferences, and general program questions or concerns.

To talk to the Somali Cultural Specialist, call 952-975-7254 or visit Lower Campus at 8100 School Road, Eden Prairie.

WHAT IS THE EARLY CHILDHOOD ADVISORY COUNCIL?

The Early Childhood Advisory Council is a lot like a PTO for Early Childhood and Little Eagles programming. It is very easy to be a part of our group. There is no membership process and no requirement to attend meetings. In a nutshell, it's a group for parents and guardians to connect and learn more about early childhood while also supporting the programming through fundraisers and grants.

Advisory Council participants have a channel to make their voice heard, weigh in on Early Childhood and Family Education (ECFE) and Little Eagles planning and programming, participate in organizing and promoting school fundraisers and help organize and vote in the annual Advisory Council Grant Program for ECFE and Little Eagles teachers. Meeting attendees also hear from educators, District Superintendent, or legislators throughout the year as well. Free childcare is available for all meetings, if reserved in advance. Contact kkeenan@edenpr.org AND lolivas@edenpr.org a week in advance of each meeting to reserve.

Because the Advisory Council is always evolving and transforms to best serve the needs of parent participants each year, it's hard to summarize the group's purpose and activities. We encourage you to attend an upcoming meeting to learn more in person!

Have guestions? Email us at info@EPAdvisoryCouncil.com.

FAMILY HOME VISITING

Do you have a question about tantrums, sibling relationships, bedtime routines, or healthy eating? Do you want to talk about developmental milestones or would you like to learn more about community resources?

Our licensed parent educator staff can connect with you by phone, email, home visit, or by appointment at either of our locations at no cost to you. We offer confidential, one-on-one discussion at no cost to Eden Prairie families with children ages birth through 5 years. Email ComEd@edenpr.org or call 952-975-6940 to learn more.

Do you have concerns about your baby's development?

Help Me Grow provides resources for families to understand developmental milestones and learn if there are concerns. This helps families take the lead in seeking additional support or referring their child for a comprehensive, confidential screening or evaluation at no cost. Help Me Grow is an interagency initiative of the State of Minnesota Department of Education, Department of Health and Department of Human Services. We partner with all local service agencies.

Free help is available through Help Me Grow. Call or visit their website to learn more and have your questions answered. Your baby's development can be evaluated at no cost to you.

www.HelpMeGrowMN.org 1-866-693-GROW



HAVE YOU SCHEDULED YOUR CHILD'S **EARLY CHILDHOOD SCREENING?**

SCHEDULE TODAY!



Join us at Early Childhood Screening as soon as your child turns 3! This is a FREE and simple check of how your child is growing and developing. It is a requirement of the State of Minnesota for all preschool-aged children.

WHAT AGE SHOULD MY CHILD BE SCREENED?

If your child is between the ages of 3 and 5, it is time to schedule his/her Early Childhood Screening to check all areas of development including hearing, vision, speech, and motor abilities.

WHERE IS SCREENING HELD?

Screening appointments are held at the Education Center at 8040 Mitchell Road, Eden Prairie.

HOW DO I SCHEDULE AN APPOINTMENT?

The state of Minnesota requires that all children be screened before they enter kindergarten. Schedule your appointment today:

- Online at WWW.EDENPR.ORG/ECSCREENING
- Call 952-975-6940

Questions? Please call or email us at ComEd@edenpr.org.

WHAT DATES ARE SCREENING APPOINTMENTS CURRENTLY AVAILABLE?

Screening appointments are available on various dates and times including evenings. Check our website or call to find out about a date and time that will work for your schedule.

WHAT INFORMATION IS GATHERED AT SCREENING?

Screening questions are tailored specifically to your child's age. Discover more about your child's development and learning, such as:

- Thinking, language, and communication skills
- Social and emotional development
- Large and small muscle coordination
- Height, weight, hearing, and vision

Early Childhood Screening is one way to support children in their early years of growth and development. It is also a way to identify children who may benefit from early childhood special services before they enter school and connects families with the appropriate resources and programs.

WHAT DOES SCREENING COST?

Early childhood screenings are FREE!

ARE INTERPRETERS AVAILABLE?

Yes! If you or your child needs interpreter assistance, please let us know when registering for your child's screening appointment.

WHAT TAKES PLACE AT A SCREENING APPOINTMENT?

The screening process looks at a number of things including the following:

- Preschool concepts
- Communication skills
- Motor skills
- Social skills



Make Your FREE Appointment Today WWW.EDENPR.ORG/ECSCREENING



MY CHILD IS...

READ*I for Kindergarten®

JOIN US!

READY! for Kindergarten

Saturday, Oct. 12, 2019 Saturday, Jan. 25, 2020 Saturday, May 9, 2020 9:30 AM-12:00 PM Education Center

www.ReadyForKindergarten.org





You're Invited to join us for READY! For Kindergarten. Learn the skills to help your child succeed + receive FREE learning tools!

Designed for families with children age 3 to 5.5 years old, READY! for Kindergarten is a nationally recognized program shown to give parents and caregivers the skills and tools to help children enter kindergarten at or above grade level. This class will include training on reading, writing, and social-emotional skills children need to thrive in school. It is for parents and guardians, and taught by a licensed early childhood parent educator.

Every educator who attends a READY! for Kindergarten session receives a high-quality collection of learning tools to further children's progress towards school readiness. (*This is a professional development opportunity for educators to earn CEU credits.*)

Yearly Household Income	READY!
\$40,001 and Above	\$60
\$0-\$40,000	FREE

READY! for Kindergarten is part of our ECFE program for which classes are priced on a sliding fee scale based on your household income. Payment is made in full at time of registration.

Getting ready for 2020-21

Kindergarten







Will your child be five years old on or before Sept. 1, 2020? If so, it's time to get ready for kindergarten!



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Why do families love Eden Prairie Schools?

- Low kindergarten class sizes Eden Prairie Schools has one of the lowest average kindergarten class sizes in the west metro.
- **High parent-approval ratings** Our outstanding teaching staff has a 97% approval rate among parents.
- **Spanish immersion** A comprehensive Spanish immersion elementary school is a choice for your child to receive a high-quality bilingual education.
- We inspire EACH All of our learners have a unique set of skills and abilities, and we're committed to helping each student reach his or her highest potential.

What to expect this year

Families on our census will begin to receive mailings in September about important events. Make sure your contact information is updated in our census by visiting www.edenpr.org/census.

Registration for the 2020-21 school year will open in mid-October. Learn more about our kindergarten events and options at www.edenpr.org/kindergarten.

EPIC YOUTH PROGRAMS

EPIC aims to connect students to learning outside of the classroom in a variety of innovative ways, tailored to YOUR child's interests. Whether your child enjoys sports or science, creativity in art class or robotic challenges—we offer programs that will ignite new interests and challenge your student in a fun, safe, and supportive atmosphere.

Everyone is welcome to participate! In order to best serve your child, please disclose any special needs, allergies, or disabilities when registering. In the event of school closure due to weather, all EPIC programs will be canceled. If you need to cancel your registration, please call 952-975-6940. A full refund will be provided minus a \$5 processing fee. Refunds cannot be provided after class has begun. For information about fee assistance, call 952-975-6940 or visit www.edenpr.org/FeeAssistance.

ACADEMIC ENRICHMENT

Concordia Language Villages Spanish Club

In Spanish Club, participants will learn Spanish by engaging in Concordia Language Villages' unique immersive environment, which emphasizes fun, active engagement with thematic content. There is a different, dynamic theme every semester that is carefully designed with an emphasis on both language and culture. And, it will all happen in Spanish, using games, movement, art and music as vehicles for language learning. All language levels are welcome! *Instructor: Concordia Language Village - Becky Hegstad.* **Grades K - 4.**

#3012-CR1 Wednesdays, Oct. 9-Dec. 11 No Class Oct. 16 and Nov. 27 3:00-4:05 PM 8 Sessions - \$125 #3012-EL Thursdays, Oct. 24-Dec. 19 *No Class Nov. 28* 3:40-4:45 PM 8 Sessions - \$125



Grandmasters of Chess w/ US Master Nathan Hoover

Nathan's chess acumen rivals any coach in MN. He is a US Master and has experience teaching chess to hundreds of students who excel at local and state tournaments. A dynamic coach, Nathan strives to engage students of any level at every lesson. Newcomers will be introduced to the basics and returning students will receive lessons, puzzles at their level as well as playing against competitive students each class. *Instructor: OPEH Eagle Zone Staff and Youth Enrichment League - League Youth Enrichment.* **Grades K-6.**

#2616-OPEH Thursdays, Sept. 26–Dec. 19 *No Class Oct. 10, Oct. 17 and Nov. 28* 3:20–4:30 PM 10 Sessions - \$145

WHERE DO AFTERSCHOOL CLASSES MEET?

CRGym
PVGfeteria
ELGym
FHCafeteria
OPEHGym B

Please inform your child's classroom teacher of this change to their afternoon schedule.

ACADEMIC ENRICHMENT cont.

Grandmasters of Chess

New and returning students invited. Each class follows four basic components: •Teach It! Students are taught different chess concepts and coached to implement those concepts. • Practice It! Students practice positions to improve their understanding of the concept.

Puzzle It! Students are given chess puzzles (constructed by WIM) Serafima Sokolovskaya) and work with coach guidance to solve them. • Play It! Each class ends with students playing 20-30 minutes of chess. Coaches often feature in-class tournaments during the session. Class fee includes ChessKid. com membership for the session (a \$49 annual value). Instructor: Krista Konopa, CR Eagle Zone Staff, EL Eagle Zone Staff, PV Eagle Zone Staff, and Youth Enrichment League - League Youth Enrichment. Grades K - 6.

#2615-CR Wednesdays, Sept. 25-Oct. 30 No Class Oct. 16 3:00-4:15 PM 5 Sessions - \$80

#2615-EL Thursdays, Sept. 26-Nov. 7 No Class Oct. 10 and Oct. 17 3:40-4:45 PM 5 Sessions - \$80

#2615-PV Mondays, Sept. 30-Nov. 4 No Class Oct. 14 3:40-4:50 PM 5 Sessions - \$80

#2615-CR2 Wednesdays, Nov. 6-Dec. 11 No Class Nov. 27 3:00-4:15 PM 5 Sessions - \$80

#2615-PV2 Mondays, Nov. 11-Dec. 16 No Class Nov. 25 3:40-4:50 PM 5 Sessions - \$80

#2615-FI2 Thursdays, Nov. 14-Dec. 19 No Class Nov. 28 3:40-4:45 PM 5 Sessions - \$80

Nature Explorers

This outdoor nature class offers children what they really need; time spent outside, actively learning and exploring in the natural world. Sessions will engage children in active, hands-on experiences throughout the changing seasons. Participants should dress for adventure and for the changing weather. Instructor: Jen Heyer. Grades 1-2.

#3005 Mondays, Sept. 30-Nov. 4 No Class Oct. 21 3:00-4:05 PM 5 Sessions - \$110

Prepare for the ACT: 4+ Point Increase

This ACT Prep class has helped hundreds of students improve their ACT scores! Dive deep into each section of the ACT (Reading, Science, Math, English and Writing), learning not only general strategies but also specific tips and tricks to help you ace the ACT. Taught by an expert tutor who scored in the top 1% on the ACT, you'll work through this industry-leading curriculum to help you prepare for the big exam. Class meets on Tuesdays and included practice tests are held on Saturdays. Instructor: Max Dupslaff.

#2708 Tues. & Sat., Nov. 2-Dec. 10 No Class Nov. 5, Nov. 30 & Dec. 3 8:30 AM-8:00 PM 9 Sessions - \$549





ART & CREATIVITY

Adventures in Clay

In this fun and creative after-school class, students learn to make clay pots, animals, tiles, block houses and more! Students will choose the color of underglaze for their finished clay project and see them arrive back in the classroom fired and ready to show off. The history of clay use in ancient cultures and decorating techniques will be a part of this engaging class! Instructor: Eden Prairie Art Center.

Grades 2-5.

#3635-FH Thursdays, Sept. 26-Dec. 19 No Class Oct. 10, Oct. 17 and Nov. 28 3:00-4:05 PM 10 Sessions - \$169

Animals and Their Habitats

This camp is designed for animal lovers. Students connect to the wild world as they sculpt their favorite creatures our of Model Magic and create an animal home using art supplies and natural materials. In addition, young artists have the opportunity to build wildlife masks using a variety of mixed media such as paper mache, paint and paper sculpture. *Instructor: Eden Prairie Art* Center. Grades 1-4.

#3636-PV Mondays, Sept. 23-Dec. 16 No Class Oct. 14 and Nov. 25 3:40-4:50 PM 11 Sessions - \$150

WHERE DO AFTERSCHOOL **CLASSES MEET?**

CR Gym PV Cafeteria EL.....Gvm FH Cafeteria OPEH..... Gym B

Please inform your child's classroom teacher of this change to their afternoon schedule.

Hatchimals w/ Kidcreate

Doesn't designing your very own Hatchimal sound like a dream come true? We'll sculpt and splatter our Hatchimal eggs until they look just like the real thing – we'll even create a tine fuzzy Hatchimal to go inside. Your artist will love using their imaginations to hatch up the cutest Hatchimal sculptures ever! Instructor: Kidcreate Studio. Ages 4-9.

#2643-NSD Thursday, Oct. 17 1:00-4:00 PM 1 Session - \$32

Let's Draw w/ Kidcreate

If it's drawing, sketching, and cartooning you're after, then this is the class for you! In this introductory drawing class, we'll learn basic techniques and principles of drawing as we create puppies, ponies, people, and more. The kids will master a simple step-by-step method that is essential to creating memorable drawings. Each child will receive their own take-home How to Draw booklet! Instructor: Kidcreate Studio and EL Eagle Zone Staff. Grades K-3.

#2642-OPEH Wednesdays, Oct. 23-Nov. 13 3:25-4:30 PM 4 Sessions - \$69

#2642-PV Mondays, Oct. 28 - Nov. 18 3:40-4:45 PM 4 Sessions - \$69

#2642-EL Tuesdays, Oct. 29 - Nov. 19 3:40-4:45 PM 4 Sessions - \$69

#2642-CR Thursdays, Oct. 31-Nov. 21 3:00-4:05 PM 4 Sessions - \$69

Magical, Mystical Unicorns w/ Kidcreate

Unicorn fans, you're in luck, because we have the perfect camp for you! We'll make unicorns that dazzle, sparkle, and shine as we explore a wide array of materials and techniques. We'll draw, sculpt, and even learn the secret recipe for making fabulous, glittery Unicorn Slime! Instructor: Kidcreate Studio.

Ages 4-9.

#2647-NSD Thu, Fri, Dec. 26-Dec. 27 1:00-4:00 PM 2 Sessions - \$80

Simply Silly Stuff w/ Kidcreate Studio

Get ready to go bananas with all the silly stuff you'll create in this class! You're going to make some of the craziest art you could imagine. A messy monster made of mush, or a 3D goldfish to bring home and keep you company in your room. And, have you ever made your very own pop-up art? These wacky projects will teach you all sorts of simply silly stuff you never thought artistically possible! *Instructor*: Kidcreate Studio and OPEH Eagle Zone Staff. Grades K-3.

#2638-FH Tuesdays, Nov. 12-Dec. 10 No Class Nov. 26 3:00-4:05 PM 4 Sessions - \$79

#2638-OPEH Wednesdays, Nov. 20-Dec. 18 No Class Nov. 27 3:25-4:30 PM 4 Sessions - \$79

DRAMA/DANCE/MUSIC

Drama Kids: School-Time Super Hero

Have a great time in this class with over-the-top performances that will bring out the HERO in you! Our fun filled classes teach acting basics and create scenes where you may be a hero with the greatest super powers of all time AND learn to be a hero in your own school! Your parents get to see the final showcase and they will surely be impressed with YOUR an-stage super powers! Instructor: Drama Kids International, CR Eagle Zone Staff, EL Eagle Zone Staff, OPEH Eagle Zone Staff, and PV Eagle Zone Staff.

Grades 1-6.

#2600-OPEH Mondays, Sept. 30-Dec. 16 No Class Oct. 14 and Nov. 25 3:25-4:30 PM 10 Sessions - \$149

#2600-PV Mondays, Sept. 30-Dec. 16 No Class Oct. 14 and Nov. 25 3:40-4:50 PM 10 Sessions - \$149

#2600-EL

Mondays, Sept. 30-Dec. 16 No Class Oct. 14 and Nov. 25 3:40-4:45 PM 10 Sessions - \$149

#2600-CR Wednesdays, Oct. 2 Dec. 18 No Class Oct. 16 and Nov. 27 3:00-4:05 PM 10 Sessions - \$149

The Fall courses from Drama Kids have been cancelled.



EXCITED TO ATTEND A CLASS? Invite your friends to join you!

It is our desire that all EPIC classes and events take place as listed. However, if a class does not meet the minimum number of registrations in order to run, it will be canceled. The decision to run a class will be made the week before its start date.

DRIVER EDUCATION (SEPT.-DEC.)

Community Education offers teen driver education in cooperation with Safeway Driving School. Safeway Driving School has been graduating teen drivers in the Twin Cities area for over 45 years. Classroom instruction prepares the student to take the Minnesota permit test and begin the responsibility of driving. Behindthe-wheel instruction includes six hours of driving in three, two-hour private lessons. All of Safeway's instructors are licensed by the Minnesota Department of Public Safety.

Cost: \$399 Teen Driving Package

(classroom and behind the wheel instruction)

\$249 Classroom Instruction only

Location: Eden Prairie High School

Available Sessions:

3015A	MonThurs., Sept.16-Oct. 1	2:45-5:45 PM
3015B	MonThurs., Oct. 21-Nov. 5	2:45-5:45 PM
3015C	MonThurs., Nov. 11-26	2:45-5:45 PM
3015D	MonThurs., Dec. 2-18	2:45-5:45 PM

"I really liked the teacher (Abby), she was fun and kept it interesting. The material was easy to follow and I feel prepared for my permit test! I'm glad to have a program like this that worked through my school." ~Claire Danciak



SPORTS & FITNESS

Fencing Gr. 2-5

Join this fast growing Olympic sport. Each class follows four components: Teach It! Hall of Fame Olympic Fencing Coach Ro Sobalvarro crafts our lessons and curriculum. Practice It! Students practice the fencing move or concept, rotate partners and repeat. Move It! Students participate in fencing matches using only the moves taught so far. Play It! Class ends with students playing at their skill level. All equipment provided. Instructor: Youth Enrichment League -League Youth Enrichment. **Grades 2-5.**

#2618-Gr. 2-5 Thursdays, Sept. 26-Dec. 5 No Class Oct. 10, Oct. 17 and Nov. 28 6:15-7:15 PM 8 Sessions - \$119

Fencing Gr. 6-12

{YEL!} Fencing Team - Fall For grades 6-12 - New and returning students invited! Join this fast growing Olympic sport. Each {YEL!} fencing class follows four basic components: •Teach It!...Hall of Fame Olympic Fencing Coach Ro Sobalvarro crafts our lessons and curriculum.

Practice It!...Students pair up and practice the fencing move or concept, rotate partners and repeat. • Move It!... Students then participate in fencing matches using only the moves taught so far. • Play It!...10-15 minutes each class students fence with multiple fencers at their skill level. All equipment provided. Sign up today to THINK, LEARN and PLAY WELL with {YEL!}. Instructor: Youth Enrichment League - League Youth Enrichment. Grades 6-12.

#2617-Gr. 6-12 Thursdays, Sept. 26-Dec. 5 No Class Oct. 10, Oct. 17 and Nov. 28 7:20-8:50 PM 8 Sessions - \$149

Golf Squad

Give your student the foundation to enjoy golf for a lifetime! Golf Squad for elementary students meets once a week for about an hour with a golf industry professional. Drive, chip, putt and more! Families receive emails detailing students progress and class outline. All essentials are provided during class (Golf Squad Handbook, training equipment, fitted golf clubs, etc). Instructor: Golf Squad. Grades K-6.

#2665-OPEH Mondays, Sept. 23-Nov. 4 No Class Oct. 14 3:25-4:30 PM 6 Sessions - \$159

#2665-EL Thursdays, Sept. 26-Nov. 14 No Class Oct. 10 and Oct. 17 3:40-4:45 PM 6 Sessions - \$159

Junior Basketball

Fundamentals and fun are in store. Emphasis is placed on basic skills development of dribbling, shooting, passing, sportsmanship and teamwork. We then use engaging and dynamic games to cement students' growth including our unique three-on-three style game. This is a high-octane class with an inclusive atmosphere. But hurry, the shot-clock is running down! Instructor: CR Eagle Zone Staff, EL Eagle Zone Staff, OPEH Eagle Zone Staff, PV Eagle Zone Staff, and Youth Enrichment League - League Youth Fnrichment Grades K-3.

#2624-CR Mondays, Nov. 11-Dec. 16 No Class Nov. 25 3:00-4:05 PM 5 Sessions - \$70

#2624-EL Tuesdays, Nov. 12 - Dec. 17 No Class Nov. 26 3:40-4:50 PM 5 Sessions - \$70

#2624-PV Wednesdays, Nov. 13-Dec. 18 No Class Nov. 27 3:40-4:50 PM 5 Sessions - \$70

#2624-OPFH Thursdays, Nov. 14–Dec. 19 No Class Nov. 28 3:25-4:30 PM 5 Sessions - \$70

Kung Fu-Wu Shu for Self-Defense and Fitness

Not just punching & kicking, experience the life-long benefits of Kung Fu (the Chinese martial art of self-defense and fitness) and build muscle, power, flexibility and agility. Join a fun, progressive, full-participation class, which will focus on skill building exercises that will strengthen the mind and body. Certification is available. *Instructor:* National Treasure Kung Fu and OPEH Eagle Zone Staff. Grades K - 6.

#2632-OPEH Thursdays, Sept. 26-Nov. 21 No Class Oct. 10 and Oct. 17 3:25-4:30 PM 7 Sessions - \$79

Wrestling Fundamentals

Looking for a program to help increase your child's strength, flexibility and agility? Or a practice that prepares you for success and discipline in other sports? Wrestling is a great companion to football, martial arts and many more sports. The Eden Prairie Youth Wrestling program is for all youth (boys and girls) in Eden Prairie and its surrounding communities in Pre-K - 6th grade. It is geared for all levels of wrestlers but will focus on the fundamentals and fun of wrestling. Instructor: Eden Prairie Takedown Association and Amanda J Gau. Age 4-Grade 6.

#2829-EPHS Tue, Thu, Oct. 22-Jan. 16 No Class Nov. 5, Nov. 28, Dec. 24 and Dec. 31 6:00-7:00 PM 22 Sessions - \$150

WHERE DO AFTERSCHOOL **CLASSES MEET?**

CR Gym PV Cafeteria EL.....Gym FH Cafeteria OPEH..... Gym B

Please inform your child's classroom teacher of this change to their afternoon schedule.



REGISTRATION IS NOW OPEN FOR

UTH FLAG FOOTBALL



SEASON INFO

No Tryouts! No Drafts! Everyone makes the team!

BOYS AND GIRLS AGES 4-14 OR PRE-K - 8TH GRADE Flag Football is All We Do!

Minnesota's #1 Flag Football League

Registration Fee includes NFL Jersey & Flag Belts for all players to keep

Teams formed by School, Grade or Requests

Practices & Games on Sundays Only

Practices an Hour Before Games

Coaches Screened & Trained

7 Week Season

End of Season Tournament



SUNDAY, AUGUST 4TH

SEASON BEGINS:

SUNDAY, SEPTEMBER 8TH

A PARTNER OF





Community Education

EDEN PRAIRIE HIGH SCHOOL 17185 VALLEY VIEW RD **EDEN PRAIRIE, MN 55346**



QUESTIONS? 1-651-337-5588

OR REGISTER ONLINE AT www.MINNESOTAFLAGFOOTBALL.com



Join us for Super Hero Kids or NOT ME!

Personal Safety and Assault Prevention Training

1 IN 7 CHILDREN WILL FACE SOME FORM OF SEXUAL ABUSE OR ASSAULT. Most assaults are committed by people kids know. The consequences are emotional problems which manifest as alcohol/drug abuse, eating disorders, emotional dysfunctions, and violent behaviors which persist until later in life. WHAT CAN YOU DO?

By registering your family to attend, YOU can prevent pain and empower your children. This engaging and fun training is designed to provide children in grades K-8 with age-appropriate information they need to keep themselves safe. Curriculum is intended to build personal safety skills, prevent assaults of children, and empower them to "Get Away and Tell" if they are ever feeling uncomfortable. More detailed information is presented to older students about staying safe both at and away from home, as well as on the internet.

Important Note: At least 1 adult/family member is required to attend; additional adults are welcome.

Please check out this video clip for more information about Super Hero Kids: https://vimeo.com/280827023.

Children grades K-8 (with an adult) WHO:

November 16, 2019, 8:45-10:00 AM WHERE: Oak Point Elementary/EHSI

\$12/child, Adults are FREE COST: Thanks to generous support from the Eden Prairie AM Rotary

and the Super Hero Kids Foundation!

WHEN:

Learn more and register at EDENPRAIRIE.CE.ELEYO.COM

#1202-Super Hero Kids Gr. K/1 #1202-Super Hero Kids Gr. 2/3 #1202-Super Hero Kids Gr. 4/5 #1202-NOT ME! Gr. 6-8



STEM

Build a Bluetooth Speaker

Unique, and exciting, this STEM experience will introduce students to the world of acoustics as they build their own portable Bluetooth speaker. Students will learn how sound is made, how speakers make sound, why a speaker has a box around it and all parts of the speaker system! Instructor: Tech Labz. Grades 6-8.

#3215 Saturdays, Nov. 2-16 12:30-2:30 PM 3 Sessions - \$150

Code Yeti Coding: Aeronautics and the Science of Flight

This class is all about planes and flying machines. Learn why airplanes and animals fly as you build and code a robotic bird, build and test a cool plane with round wings, and engineer a plane to catapult and more! Instructor: TechTacToe. Grades K-3.

#2902-CR Mondays, Oct. 7-Nov. 4 No Class Oct. 21 3:00-4:05 PM 4 Sessions - \$69

#2902-FH Tuesdays, Oct. 8-Nov. 5 No Class Oct. 15 3:00-4:05 PM 4 Sessions - \$69

#2902-PV Mondays, Nov. 11-Dec. 9 No Class Nov. 25 3:40-4:50 PM 4 Sessions - \$69

#2902-EL

Tuesdays, Nov. 12-Dec. 10 No Class Nov. 26 3:40-4:45 PM 4 Sessions - \$69

#2902-OPEH

Wednesdays, Nov. 13-Dec. 11

No Class Nov. 27 3:25-4:30 PM 4 Sessions - \$69



Coding Club: Creative Game Design

The Engineering for Kids CODING club helps develop your child's creativity, problem solving skills, teamwork and technology knowledge in an engaging, collaborative way through fun and practical challenges. Each session introduces students to a different coding activity to develop 21st Century skills and bring authentic learning as students get to build something that they can share with family and friends. *Instructor: Engineering For Kids.* **Grades 3-6.**

#2704-CR Wednesdays, Nov. 20-Dec. 18 No Class Nov. 27

3:00-4:05 PM 4 Sessions - \$95 #2704-OPEH

Thursdays, Nov. 21-Dec. 19

No Class Nov. 28 3:25-4:30 PM 4 Sessions - \$95

WHERE DO AFTERSCHOOL **CLASSES MEET?**

CR Gym PV Cafeteria EL.....Gym FH Cafeteria OPEH..... Gym B

Please inform your child's classroom teacher of this change to their afternoon schedule.

STEM

Engineering for Kids STEM Club

The Engineering for Kids STEM Club introduces students to a new, hands-on, STEM learning lesson every week from various engineering disciplines. For each lesson, students focus on developing 21st Century skills such as problem solving, critical thinking and peer collaboration skills. These life skills provide students with the confidence to approach challenges in their lives and realize that they can succeed. Engineering for Kids has a growing library of 300+ individual lessons so we never have to repeat. Instructor: Engineering for Kids, Amber Joyce, CR Eagle Zone Staff, EL Eagle Zone Staff, FH Eagle Zone Staff, and OPEH Eagle Zone Staff. Grades K-3.

#7703-CR1 Mondays, Sept. 30-Oct. 28

No Class Oct. 14 3:00-4:05 PM

4 Sessions - \$95

#7703-FH1

Tuesdays, Oct. 1-29 No Class Oct. 15 3:00-4:05 PM

4 Sessions - \$95

#7703-OPFH1

Wednesdays, Oct. 2-30

3:25-4:30 PM

No Class Oct. 16

4 Sessions - \$95

#7703-EL1

Thursdays, Oct. 3-Nov. 7 No Class Oct. 10 and Oct. 17

3:40-4:45 PM 4 Sessions - \$95

#7703-CR2

Mondays, Nov. 11-Dec. 9

No Class Nov. 25 3:00-4:05 PM

4 Sessions - \$95

#7703-FH2

Tuesdays, Nov. 12-Dec. 10

No Class Nov. 26 3:00-4:05 PM

4 Sessions - \$95

#7703-OPEH2

Wednesdays, Nov. 13-Dec. 11

No Class Nov. 27 3:25-4:30 PM 4 Sessions - \$95

#7703-EL2

Thursdays, Nov. 14-Dec. 12

No Class Nov. 28 3:40-4:45 PM 4 Sessions - \$95

Fitness, Mindfulness, and Yoga Fun

This fun boot-camp has little of everything for boys and girls. Have fun with obstacle courses, ultimate yoga challenges and other fitness activities! Focus on fine tuning alignment and developing greater awareness of body, mind wellness and breath. Students will work on balance, flexibility, agility, coordination, speed, motor skills in a group setting. Instructor: Fitness Boomers and OPEH Eagle Zone Staff. **Grades K-6.**

#2607-OPEH Wednesdays, Oct. 30-Nov. 13 3:25-4:30 PM 3 Sessions - \$89

Intro to STEM using LEGO® Materials

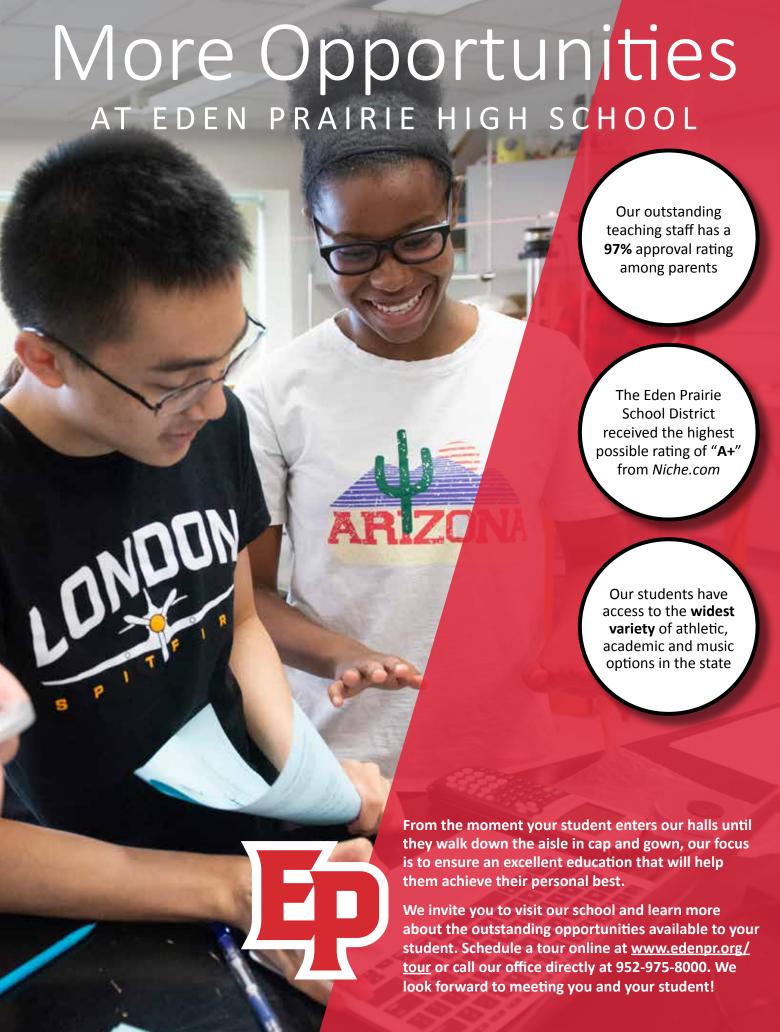
Tap into your imagination with tens of thousands of LEGO® parts! Build engineerdesigned projects such as Boats, Snowmobiles, Catapults, and Merry-Go-Rounds. Design and build as never before, and explore your craziest ideas in a supportive environment. There are no prerequisites. Instructor: Play-Well TEKnologies. Grades K - 2.

#2694-CR Wednesdays, Nov. 6-Dec. 18 No Class Nov. 27 3:00-4:05 PM 6 Sessions - \$119



EXCITED TO ATTEND A CLASS? Invite your friends to join you!

It is our desire that all EPIC classes and events take place as listed. However, if a class does not meet the minimum number of registrations in order to run. it will be canceled. The decision to run a class will be made the week before its start date.



ADULT LEARNING

Become a lifelong learner with Eden Prairie Community Education! Adult Learning offers a variety of high quality, reasonably priced, enrichment opportunities in a number of subject areas. We have quality instructors and classes offered at convenient times and locations to fit your busy schedule. General topics include computer courses, dance, financial planning, fitness, hobbies, music, language, personal growth, cooking, health and wellness and more. Learners from any community are welcome to register for an Eden Prairie Community Education Class—there's no need to live in Eden Prairie to participate.

ADULT ACADEMY

Consider taking all four weeks of this American history course in order to provide yourself with a reminder of our rights as well as our responsibilities as American Citizens. You will never regret it. Most of the course will be an in depth analysis and study of the Declaration of Independence and the US Constitution. Both documents will be provided to all participants.

Critical Period 1775-1791

We will go back to a time that was a cornerstone of American (World) History. Consider this class a refresher course on citizenry. This evening's lesson will lay the foundation for the next three weeks. Instructor: Steve Cwodzinski.

#4977-01 • Tuesday, Oct. 1, 6:30-8:30 PM Eden Prairie High School, Room 213 1 Session - \$19

\(\) Our U.S. Congress

We will study the history of the institution and the current issues it faces. The Constitutional roles and responsibilities of our most "representative" branch. Instructor: Steve Cwodzinski.

#4956-01 • Tuesday, Oct. 8, 6:30-8:30 PM Eden Prairie High School, Room 213 1 Session - \$19

The Office of the President

The office of President of the United States will be examined through assassinations, wars, elections, speeches, and the powers and duties of the office. By the end of the evening your head will be spinning with useless trivia, insightful stories, and meaningful memories! Instructor: Steve Cwodzinski.

#4978-01 • Tuesday, Oct. 15, 6:30-8:30 PM Eden Prairie High School, Room 213 1 Session - \$19

The U.S. Supreme Court and the Bill of Rights

The highest court in the land is our least understood branch of government. Now is the time to learn more about the Supreme Court's role in history and its role today. Instructor: Steve Cwodzinski.

#4979-01 • Tuesday, Oct. 22, 6:30-8:30 PM Eden Prairie High School,

Room 213 1 Session - \$19

*Register online and pay for all 4 history classes in one transaction and receive a \$16 DISCOUNT!

ADULT ACADEMY cont.

NEW! Heroes and Heroines: The **History and Culture of France**

From the Viking invasions to the D-Day invasion, we will study the history and culture of Northern France from the 9th Century CE through the end of the World Wars. Instructor: Pam Skaar Meier.

#4925-01 Tuesdays, Sept. 10-17 6:30-8:00 PM Eden Prairie High School, Room 129 2 Sessions - \$29

What You've Always Wanted to **Know about Islam and Muslims**

Gain a better understanding of what Islam teaches and what Muslims practice. The class will introduce basic terminology, demographics, and differences between religion and culture. Get your questions answered first hand in a safe and open environment. Instructor: Islamic Resource Group.

#4908-01 Thursday, Nov. 7 7:00-8:30 PM Education Center, Room 201 1 Session - \$15

COMMUNICATION **AND WRITING**

Memoir and Creative Writing

Write and share work with class for inspiration using description, dialogue, humor and insight. Tell your stories of real life in fiction or poetic expression. Spontaneous exercises will teach the importance of punctuation, tense, and clarity. Meet other writers and share common goals. *Instructor: Nancy* Thompson.

#4124-01 Tuesdays, Sept. 24-Nov. 12 1:00-3:00 PM Senior Center, Room 209 8 Sessions - \$75

COMPUTER AND TECHNOLOGY

Intro to Excel

For those new to Excel or struggling, this class touches on Excel's built-in screen elements and covers basic spreadsheet concepts: creating a spreadsheet, making basic changes, formatting it for emphasis or to make it attractive, and printing it. Instructor: Carol Guncheon.

#4378-01 Mondays, Sept. 16 –30 6:30-8:30 PM Education Center, Room 207 2 Sessions - \$75

Excel Formulas & Functions

For those with MS Excel experience. Formulas and functions are covered in detail: creating an arithmetic formula from scratch, using built-in "functions", linking worksheets and/or workbooks and formatting your spreadsheet based on values within it. Instructor: Carol Guncheon.

#4241-01 Mondays, Oct. 21-28 6:30-8:30 PM Education Center, Room 207 2 Sessions - \$75

Excel Macros

For those using Microsoft Excel on a regular basis. If your spreadsheet work is repetitious, it may be time to automate tasks with macros. You'll learn how to "record" and make simple changes to a macro, as well as add logic and "loops" to it. Instructor: Carol Guncheon.

#4386-01 Mondays, Nov. 11–18 6:30-8:30 PM Education Center, Room 207 2 Sessions - \$75

NEW! Excel - Now What?

If you wonder what you can do with Excel besides writing formulas, this class is for you. You'll learn to sort your data, filter it to display only necessary information, subtotal it, group it, and summarize it in a Pivot Table or Pivot Chart. Instructor: Carol Guncheon.

#4374-01 Mondays, Dec. 9-16 6:30-8:30 PM Education Center, Room 207 2 Sessions - \$75

Senior Center is located at 8950 Eden Prairie Rd. Eden Prairie, MN 55347



CULINARY CREATIONS

Appetizers - Quick, Easy and Enticing

We'll make over 20 appetizers that require less than 20 minutes from start to finish! Selections will include recipes for spreads, hearty appetizers, dips, dippers, nibbles, hot appetizers and more! A food fee of \$15 will be collected at class. Instructor: Laurel Severson.

#4818-01 Tuesday, Sept. 17 6:00-9:00 PM Eden Prairie High School, Room 163, **FACS Room** 1 Session - \$29

Truffles! Candies for All **Occasions**

Within 3 hours, you'll learn how to make 5 different kinds of truffles for all of those special occasions. One of Nancy's most popular classes-you'll take home a nice box of 15-18 truffles. Supply fee is \$12 (collected in class). Truffle/candy kits available for purchase (\$18) for future projects. This class is unable to accommodate nut allergies. Instructor: Nancy Burgeson.

#4820-01 Tuesday, Sept. 24 6:00-9:00 PM Eden Prairie High School, Room 163, **FACS Room** 1 Session - \$25



French Gourmet Dinner

Send your taste buds on a trip to romantic France. You'll prepare a delicious fivecourse French dinner. Provence, the region home to Marseille, Nice and the Riviera, often bases its cuisine on garlic, olive oil, tomatoes, saffron, and herbs. A food fee of \$15 will be collected at class. Instructor: Laurel Severson.

#4863-01

Tuesday, Oct. 15, 6:00-9:00 PM Eden Prairie High School, Room 163, FACS Room 1 Session - \$29

Lefse

This wonderful Norwegian delicacy is made for banquets, weddings, and special occasions. Learn the fine points in making the dough, baking, storing and serving lefse. Plan to sample your fresh, warm creations with traditional fillings and take home finished lefse and dough to bake. A food fee of \$9 will be collected at class. Instructor: Laurel Severson.

#4816-01 Tuesday, Dec. 3, 6:00-9:00 PM Eden Prairie High School, Room 163, FACS Room 1 Session - \$29

Holiday Cookie Bake and Take

Nancy and her elves are back to help get you ready for the holidays! You'll go home with ten dozen cookies in all. In this hands-on class, you will be working in pairs. You'll be provided with cookie dough, and everything you need to form, trim, and decorate the cookies. Your cookies will be baked for you by Nancy's team in large commercial ovens. Bring your own apron if you like and don't forget to bring containers to carry home your treats. Please arrive on time and plan on staying the full three hours. After clean-up is complete we will enjoy beverages and cookies. A \$14 food fee is payable to the instructor at class. This class is not able to accommodate nut allergies. Adults only please. View cookie list and additional important information online. Instructor: Nancy Burgeson. Ages 16+.

#4800-01 Thursday, Dec. 19 6:00-9:00 PM Eden Prairie High School, Commons South 1 Session - \$35

#4800-02 Friday, Dec. 20 6:00-9:00 PM Eden Prairie High School, Commons South 1 Session - \$35

#4800-03 Saturday, Dec. 21 9:00 AM-12:00 PM Eden Prairie High School, Commons South 1 Session - \$35

DANCE

Wedding Dance - It's Not too Late to Look Great

You thought about it! You wanted to! But where did the time go? Not to worry. In this 2-hour workshop learn fun moves and simple tips to have you feeling comfortable and looking great on that special day! Couples only please. Instructor: Monica Mohn.

#5393-01 Wednesday, Sept. 18 7:00-9:00 PM Central Middle School, Gym, Auxiliary 1 Session - \$19

Latin Dance: Let's Begin

Learn Rumba, Salsa, Cha-Cha, Tango and Samba dance steps! Reviewing dance steps helps achieve success. Jay compliments ALL students. You'll receive individual attention. Singles welcome. Instructor: Jay Dudding.

#5390-01 Mondays, Sept. 23-Oct. 14 7:45-9:00 PM Central Middle School, Gym, Auxiliary 4 Sessions - \$45

Swing and Ballroom Dance: Let's Begin

Learn East Coast Swing, Hustle, & Waltz dance steps! Reviewing dance steps helps achieve success. Jay compliments ALL students. You'll receive individual attention. Singles welcome. Instructor: Jay Dudding.

#5389-01 Mondays, Sept. 23-Oct. 14 6:30-7:45 PM Central Middle School, Gym, Auxiliary 4 Sessions - \$45

Swing and Ballroom Dance: Let's Continue

Continue to perfect and review your dance steps! Reviewing dance steps helps achieve success. Jay compliments ALL students. You'll receive individual attention. Singles welcome. *Instructor:* Jay Dudding.

#5392-01 Mondays, Oct. 21–28 6:30-8:00 PM Central Middle School, Gym, Auxiliary 2 Sessions - \$35

Uptown Funk Line Dance

Come and enjoy an hour of fun, "funky" moves to the energetic Bruno Mars song that will have you dancing the night away and burning off some calories before the holiday feasting begins! No partner needed. *Instructor:* Monica Mohn.

#5397-01 Wednesday, Oct. 23 6:00-7:00 PM Central Middle School, Gym, Auxiliary 1 Session - \$15

2 Left Feet Dance Workshop

Convinced that you have 2 left feet? This workshop is easy! You'll have basic patterns plus a couple of turns by the end of the night! More than enough to provide a full night of dancing! Couples only please. *Instructor: Monica Mohn.*

#5364-01 Wednesday, Oct. 23 7:00-9:00 PM Central Middle School, Gym, Auxiliary 1 Session - \$19

NEW! Holiday Twist Line Dance

Start the holiday with a new 'twist'! Enjoy an hour of fun moves with family and friends. Get into the holiday spirit and ...burn off some calories before the holiday feasting begins!!!! No partner needed. Instructor: Monica Mohn.

#5387-01 Wednesday, Dec. 4 6:00-7:00 PM Central Middle School, Gym, Auxiliary 1 Session - \$15

Swing Dance - 1 Night Of Fun

One night. One dance. A lifetime of fun! An "Arch" and a "Loop" are just two of the patterns that can take you from the sidelines onto the dance floor. Couples only, please. Instructor: Monica Mohn.

#5396-01 Wednesday, Dec. 4 7:00-9:00 PM Central Middle School, Gym, Auxiliary 1 Session - \$19

Here's what some of our class participants had to say!

"I learned a new skill and had an opportunity to connect with others in the community. "

"We loved taking this course as a family and would highly recommend it."

DANCE cont.

Adult Tap Dancing - Beginning

Slip into a pair of tap shoes and make music with your feet. Learn how to shuffle, flap, ball change, shuffle-off-tobuffalo, and shuffle-hop-step plus some simple tap combinations. Plan to take Beginning Tap for the entire school year. Bring a pair of flat tap shoes. Instructor: Brenda Jerich.

#5330-01 Tuesdays, Sept. 10-Dec. 10 No Class Nov. 5 and Nov. 26 7:30-8:30 PM Eden Prairie High School, Rehearsal Hall 243 12 Sessions - \$89

Adult Tap Dancing -Intermediate

Continue to work on the basic tap steps learned in Beginning Tap and continue with more complex combinations. Bring a pair of flat tap shoes. Prerequisite: At least one full year of multiple sessions of Beginning Tap or consent of the instructor. Instructor: Brenda Jerich.

#5331-01 Tuesdays, Sept. 10 - Dec. 10 No Class Nov. 5 and Nov. 26 6:15-7:15 PM Eden Prairie High School, Rehearsal Hall 243 12 Sessions - \$89



FINANCIAL

Estate Planning Solutions

This class will help you understand Wills, Trusts, Health Care Directives & Powers of Attorney. Learn ways to avoid probate. Discussion of common mistakes will help you avoid unwanted consequences. Instructor: Bonnie Wittenburg.

#5639-01 Monday, Sept. 23 6:30-7:30 PM Education Center, Room 207 1 Session - \$15

#5639-02 Monday, Nov. 4 6:30-7:30 PM Education Center, Room 207 1 Session - \$15

Savvy Social Security Planning for Couples

The Social Security decisions made when people are in their 60s will determine the amount of total income they will receive over their lifetime. This workshop will cover some little-known rules that can help married couples get more out of the Social Security system. Instructor: Robert Stai Davis.

#5632-01 Wednesday, Oct. 9 6:30-8:30 PM Education Center, Room 201 1 Session - \$15

What to Do Before and After the Funeral

After a death, family members are bombarded with decisions that must be made before and after the funeral. Working through questions ahead of time will ease the burden. Learn when probate is and isn't needed. Instructor: Jeanne McGill and Bonnie Wittenburg.

#5638-01 Wednesday, Oct. 23 6:30-8:00 PM Education Center, Room 207 1 Session - \$15

Savvy Social Security Planning for Widowed and Divorced

Understanding Social Security is critical to your retirement. Discussion includes factors to consider when deciding when to apply for benefits, what to do if your marital status changes or an ex-spouse dies, and other strategies. Instructor: Robert Stai Davis.

#5629-01 Wednesday, Nov. 6 6:30-8:30 PM Education Center, Room 319 1 Session - \$15

Prepare Your Own Will

Who will inherit your things? Who will raise your children if you die? Without a will, the laws in Minnesota and a judge make all of the decisions. You will leave class with a simple will prepared and have new peace of mind. Instruction and all the necessary forms, witnesses and notaries are provided. *Instructor:* Adam Altman.

#5640-01 Wednesday, Nov. 13 7:00-9:00 PM Education Center, Room 207 1 Session - \$39

#5640-02 Wednesday, Dec. 18 7:00-9:00 PM Education Center, Room 207 1 Session - \$39

FITNESS

NEW! Bollywood Zumba

A unique blend of zumba with Bollywood music; an awesome fun way of losing calories, personally choreographed with easy-to-follow steps. In each session, experience a gradual warm-up, followed by intense cardio cycles. Lose 450 to 600 calories in 1 hour with focus on core, legs and glutes. Instructor: Sneha Thatte.

#4705-01 Tuesdays, Sept. 10–Oct. 1 6:45-8:00 PM Eden Prairie High School, Studio 229 4 Sessions - \$49

#4705-02 Tuesdays, Oct. 22-Dec. 10 No Class Nov. 5 and Nov. 26 6:45-8:00 PM Eden Prairie High School, Studio 229 6 Sessions - \$59

Foot Clinic

Most of us have feet that lack mobility and strength. This is directly linked to alignment issues and joint pain in other parts of the body. Dress for some simple movement. We will be barefoot. Bring a yoga mat or folded blanket. Healthier feet = healthier you. *Instructor: Lynn* Shuck.

#4756-01 Tuesday, Oct. 22 6:30-8:30 PM Education Center, Room 201 1 Session - \$39



Healing and Balance Yoga

Healing and Balance classes are designed to counter common physical issues created by our sedentary culture. Classes consist of clear instruction, lots of modifications, and partner work. Dress for comfort, bring a yoga mat, and two yoga blocks. Must be able to get down and up off the floor. Instructor: Lynn Shuck.

#4755-01 Mondays, Sept. 9-Dec. 16 No Class Nov. 25 6:45-8:00 PM Education Center, Multi Purpose Room 14 Sessions - \$139

#4755-02 Fridays, Sept. 13–Dec. 20 No Class Sept. 27, Oct. 18 and Nov. 29 9:00-10:15 AM Education Center, Room 207 12 Sessions - \$119

#4755-03 Thursdays, Sept. 12-Dec. 19 No Class Oct. 17 and Nov. 28 12:00-1:15 PM Education Center, Room 207

13 Sessions - \$129



Kung Fu - Wu Shu

Learn effective kicking, punching and self-defense skills to strengthen the mind and body. Join a fun, progressive class and build muscle, power, flexibility, coordination, and agility. Optional uniform and certification from White Belt to Black Belt available. Instructor: National Treasure Kung Fu - Sandra Lam. Ages 5 to Adult.

Beginner to Orange Belt

#4712-01 Tuesdays, Sept. 24–Nov. 19 No Class Oct. 8 and Nov. 5 6:15-7:00 PM Central Middle School, Gym, Auxiliary 7 Sessions - \$85

Green to Black Belt

#4717-01 Tuesdays, Sept. 24-Nov. 19 No Class Oct. 8 and Nov. 5 7:00-7:45 PM Central Middle School, Gym, Auxiliary 7 Sessions - \$85

Abdominal Strengtheners That Won't Make You Get on the Floor

Abdominal muscles weaken and lose shape due to past pregnancies, surgeries, sitting at a desk all day. Learn a series of exercises to quickly strengthen all four layers of abdominal, WITHOUT stressing back or neck joints or getting on the floor. Instructor: Janice Novak, MS.

#4706-01 Monday, Oct. 28 6:00-7:30 PM Education Center, Room 201 1 Session - \$29

HEALTH AND WELLNESS

NEW! A Happier and Healthier You!: A Self-Paced Program to **Build Sustainable Wellness & Nutritional Habits**

This 4-week, self-paced program will motivate you to make small wellness and nutritional changes that result in lasting gains. You will receive weekly health coaching videos full of tangible tips and challenges delivered straight to your inbox! *Instructor: Courtney* Leivermann.

#6010-01 Mondays, Sept. 9-Sept. 30 Online Learning



EXCITED TO ATTEND A CLASS? Invite your friends to join you!

It is our desire that all Adult Learning classes and events take place as listed. However, if a class does not meet the minimum number of registrations in order to run, it will be canceled. The decision to run a class will be made the week before its start date.

American Heart Association Adult, Child, Infant CPR & AED **Certification Course**

Learn to act quickly and effectively in a life-threatening situation. You will be trained in CPR and Airway Obstruction for adults, children, and infants by practicing your skills with manikins and AED (Automated External Defibrillators) trainers. An American Heart Certification eCard will be issued. Instructor: Kim Austin-Moe.

#5019-01 #5019-03 Monday, Sept. 16 Monday, Nov. 11 5:00-9:00 PM 5:00-9:00 PM Education Center, Room 201 Education Center, Room 201

1 Session - \$65 1 Session - \$65

#5019-02 #5019-04 Monday, Oct. 14 Monday, Dec. 2

5:00-9:00 PM 5:00-9:00 PM Education Center, Room 201 Education Center, Room 201

1 Session - \$65 1 Session - \$65

American Heart Association Heartsaver First Aid

Are you ready to act in an emergency? Learn a plan of action to recognize and deal with sudden illnesses, injuries, and environmental emergencies. Students learn skills such as how to treat bleeding, sprains, broken bones, shock and other first aid emergencies. Instructor: Kim Austin-Moe.

#5035-03 #5035-01 Monday, Nov. 18 Monday, Sept. 9 5:00-9:00 PM 5:00-9:00 PM Education Center, Room 201 Education Center, Room 201 1 Session - \$49 1 Session - \$49

#5035-02 Monday, Oct. 7 5:00-9:00 PM Education Center, Room 201

1 Session - \$49

#5035-04 Tuesday, Dec. 17 5:00-9:00 PM Education Center, Room 201 1 Session - \$49



HEALTH AND WELLNESS cont.

Group Hypnosis for Weight Loss

Hypnosis can help you stop the constant thinking about food, overeating, and snacking. You will also learn to desire the right foods, push your plate away when full, and motivate yourself to exercise. Hypnosis is relaxing and you will be fully aware and conscious at all times. *Instructor: Mary Fischer.*

#5010-01 Monday, Sept. 30 6:00–8:45 PM Education Center, Room 201 1 Session - \$49, \$79 Both classes (Weight Loss/Stop Smoking - see below)

Group Hypnosis to Stop Smoking and Chewing

Does tobacco control your life? If you are ready to quit smoking or chewing, hypnosis can help you stop immediately, without withdrawal, cravings, or gaining weight. Hypnosis is very relaxing, and you will be fully aware and conscious at all times. *Instructor: Mary Fischer.*

#5009-01 Monday, Sept. 30 6:00–9:00 PM Education Center, Room 201 1 Session - \$49, \$79 Both classes (Weight Loss/Stop Smoking - see below)

NEW! Hand Yoga

Mudras, or 'yoga of the hands' has been recognized for centuries as a simple yet effective healing tool. The hand positions are easy to do, take minutes, can be done almost anywhere, can help relieve anxiety, stress, digestive issues, weight loss, bloating, insomnia & more. *Instructor: Janice Novak, MS*.

#5074-01 Tuesday, Dec. 3 6:00–7:30 PM Education Center, Room 209 1 Session - \$29

Health Rhythms: Drumming for Your Health

Drumming is beneficial for your health and wellness. Course uses lecture and hands on practice. Open to all; no music or drumming experience necessary. Bring a drum if you have one, otherwise instruments are provided. You will have the opportunity to make a rhythm instrument. Supply fee of \$5.00 paid to instructor. *Instructor: Monica Peterson*.

#4894-01 Mondays, Sept. 23–Oct. 21 No Class Sept. 30 and Oct. 14 6:00–7:30 PM Education Center, Room 319 3 Sessions - \$49

Meditation-A Tool to Balance Your Life

The practice of meditation contributes to a positive, healthy lifestyle. It is a great tool helping reduce stress, gain a sense of fulfillment and foster physical, emotional and spiritual well-being. You will discover the key to deeper concentration, relaxation and personal growth. *Instructor: Arvind Naik*.

#4702-01 Mondays, Oct. 28–Nov. 18 6:30–8:00 PM Education Center, Room 209 4 Sessions - \$49



Posture and Osteoporosis: Building Better Bones

Have you ever caught sight of your reflection in a window to see that your head leads the way or your shoulders are too rounded? You'll learn simple exercises to improve posture, the latest on nutrition, importance of minerals, and foods that help or harm your bones and more. *Instructor: Janice Novak, MS.*

#5073-01 Wednesday, Sept. 18 6:00–7:30 PM Education Center, Room 319 1 Session - \$35

Reducing Anxiety Through Meditation

People stress and worry about health, finances, relationships, safety, kids, work... By sitting in meditation, we can calm the body and mind. Medical practitioners now promote meditation to relieve stress and anxiety, which can slow our brain waves to states of relaxation. Come learn how to cope with the stresses of life through meditation. *Instructor: Arvind Naik*.

#4701-01 Wednesdays, Sept. 11–Oct. 2 6:30–8:00 PM Education Center, Room 209 4 Sessions - \$49

NEW! Tai Chi Chuan for Health and Wellness

Tai Chi is a gentle, evidence-based, mind/body exercise recommended throughout the world. It improves balance, strength and fitness while reducing pain and the incidence of falls. Appropriate for almost all ages and physical conditions. *Instructor: Christine T. Morgan*.

#5077-01 Tuesdays, Sept. 24–Oct. 29 2:00–3:00 PM Education Center, Room 207 6 Sessions - \$59

HOBBIES

NEW! Bob Ross Paint-It-And-Take-It Landscape Oil Painting Class

This class will give you the opportunity to paint your own Bob Ross replica landscape oil painting. You will enjoy the step-by-step approach to complete your painting on a 20x16 canvas. Bring a friend and be amazed to know the true Joy of Painting. Instructor: Michael Tischendorf. Ages 13+



#5120-01 Distant Mountains Monday, Sept. 23 6:00-9:00 PM Central Middle School, Room 324 1 Session - \$59 per person/ \$109 per couple



#5120-02 Blue River Wednesday, Oct. 2 6:00-9:00 PM Central Middle School, Room 324 1 Session - \$59 per person/ \$109 per couple

NEW! Build a Ukulele

Learn to build a quality ukulele in this class over 4 weeks. Instruments will be constructed from the Stewart MacDonald Soprano, Concert or Tenor ukulele kits. Instruction includes construction methods, techniques, theory and open work time. *Instructor:* Lyons Creations - Chris Lyons. Ages 14+.

#6102-02 Mondays, Oct. 7–28 6:00-8:30 PM Central Middle School, Room 209 4 Sessions - \$139

Photo Organization -Print & Digital

Photos in boxes, your phone, computer, camera chip, etc.? Are they securely backed up? The goal is to SAVE-ORGANIZE-SHARE your photos. Learn how to get every printed and digital photo and video in one location. Leave with options to access and share all your photos. Instructor: Susan H. DeJute.

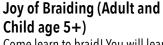
#5176-03 Monday, Oct. 14 7:00-8:30 PM Education Center, Room 207 1 Session - \$24

#5176-04 Monday, Dec. 9 7:00-8:30 PM Education Center, Room 201 1 Session - \$24

How to Cut the Cable Cord

Cable (or satellite) television is the single most expensive utility for many households. This class will show you many viewing options that are free or much lower cost than cable. We'll discuss the pros and cons of cable, how to get internet without cable, and much, much more. Instructor: Ron Timm.

#5195-01 Tuesday, Oct. 15 7:00-8:30 PM Education Center, Room 207 1 Session - \$29



Come learn to braid! You will learn three braids with your child and receive a goody bag to recreate the magic at home. Instructor: Rachael Joy Sadowsky.

#4900-01 Saturday, Oct. 12 9:30-11:30 AM Education Center, Room 320 1 Session - \$49 Parent+1 child. \$64 Parent+2 children





HOBBIES cont.

NEW! Smart Phone Photography

Most of us use smartphones to take photos and videos, but really don't know how much better these photos could be. This class will offer a brief introduction on photographic composition and light, hardware and software that is available to make your photos even better, and hands-on time in class to explore the capabilities of your phone's camera. Instructor: Ron Timm.

#5196-01 Tuesday, Dec. 3 7:00-8:30 PM Education Center, Room 207 1 Session - \$29

NEW! Soul Stories

Within us lies information that may guide us to a more meaningful life. Discover how to tap into the wisdom of your soul to help you make decisions. Learn what information is available, how it's accessed, who can access it, and why it's helpful. Instructor: Barbara Brodsho.

#5170-01 Wednesday, Oct. 2 6:30-8:30 PM Education Center, Room 207 1 Session - \$29 per person/ \$39 per couple

Woodshop Wine Cork Trivet

Learn the basics of making your own wine cork trivet in a woodshop. You will learn about different techniques for making trivets and basic woodworking techniques. Participants of all experience levels are welcome, beginner to intermediate. *Instructor:* Lvons Creations - Chris Lyons. Ages 14+.

#6104-01 Monday, Dec. 9 6:00-8:30 PM Central Middle School, Room 209 1 Session - \$49

Beginning Bridge: Bidding, Book 1

Learn to play the most stimulating game ever, Bridge. Class covers basic bidding and play. It combines class and playing time. It is for new and returning players. Instructor is a Silver Life Master. Course text is available from the instructor for \$20. Instructor: Mignon Nearmver.

#5106-01 Mondays, Sept. 9-Oct. 28 9:30-11:30 AM Senior Center, Room 203 8 Sessions - \$65



Shuffle, Deal, and Play Bridge

Play randomly dealt hands in a class setting. Ask questions about bidding, play and defense with the guidance of the instructor. Each class starts with a Q & A session. This class helps you to improve your understanding of the game. Instructor: Mignon Nearmyer.

#5116-01 Fridays, Sept. 13-Nov. 1 9:30-11:30 AM Senior Center, Room 203 8 Sessions - \$65

#5116-02 Fridays, Nov. 15-Jan. 17 No Class Nov. 29 and Dec. 27 9:30-11:30 AM Senior Center, Room 201 8 Sessions - \$65

> Senior Center is located at 8950 Eden Prairie Rd, Eden Prairie, MN 55347.

Beginning Bridge: Play of the Hand, Book 2

The class focuses on the methods and thought process necessary to play a hand of bridge. The class will be half lecture and half playing. Included is a period of review of book one. Course text is available from the instructor for \$20. Instructor: Mignon Nearmyer.

#5101-01 Mondays, Nov. 4-Jan. 6 No Class Nov. 11 and Dec. 30 9:30-11:30 AM Senior Center, Room 201 8 Sessions - \$65



Wood Strip Cutting Board

Learn the basics of making your own woodstrip cutting board in a woodshop. You will learn about different techniques for making cutting boards and basic woodworking. Participants of all experience levels are welcome, beginner to intermediate. *Instructor:* Lvons Creations - Chris Lyons. Ages 14+.

#6103-01 Mon, Tue, Nov. 18-Nov. 19 6:00-8:30 PM Central Middle School, Room 209 2 Sessions - \$79

Wooden Bowl Turning

Learn the basics of turning your own bowl in a woodshop. You will learn about different techniques and approaches to bowl turning from scratch and make your own piece to walk out with. All experience levels are welcome, beginner to intermediate. *Instructor:* Lyons Creations - Chris Lyons. Ages 16+.

#6101-01 Saturday, Sept. 14 9:00 AM-1:00 PM Central Middle School, Room 209 1 Session - \$79

#6101-02 Saturday, Oct. 12 9:00 AM-1:00 PM Central Middle School, Room 209 1 Session - \$79

#6101-03 Saturday, Nov. 9 9:00 AM-1:00 PM Central Middle School, Room 209 1 Session - \$79

#6101-04 Saturday, Dec. 7 9:00 AM-1:00 PM Central Middle School, Room 209 1 Session - \$79

MUSIC

Instant Guitar for Hopelessly Busy People

In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment. This crash course will teach you some basic chords and get you playing along with your favorite songs right away. Bring your acoustic guitar. Fee includes the online book and online videos. Instructor: IKI - Scott Bradley.

#5309-01 Thursday, Nov. 21 6:30-9:00 PM Central Middle School, Room 610D, Choir 1 Session - \$59

Instant Piano for Hopelessly Busy People

In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. Piano professionals teach chords. And you can learn all the chords you'll need to play any song. Fee includes the online book and online videos. Instructor: IKI - Jim Anderson.

#5305-01 Monday, Oct. 21 6:30-9:30 PM Central Middle School, Room 610D, Choir 1 Session - \$59



* Check out our

NEW Build a Ukulele

course on page 51!





WORLD LANGUAGES

American Sign Language -Introduction

Learn to hear with your eyes and speak with your body. This course will teach you the basics of ASL including alphabet, numbers, simple phrases, culture and history. Join us in exploring one of the most captivating languages "spoken" in America. *Instructor: Tami* Olson.

#4422-01 Wednesdays, Sept. 11–Oct. 30 5:30-7:00 PM Education Center, Room 320 8 Sessions - \$89

American Sign Language -Level 2

Building off of the basics learned in Intro to ASL, we will improve grammar and our sign bank in this class. No textbook required. Note taking encouraged. Prerequisite: Introduction to American Sign Language or instructor consent. Instructor: Tami Olson.

#4423-01 Wednesdays, Sept. 11–Oct. 30 7:00-8:30 PM Education Center, Room 320 8 Sessions - \$89



Eagles Adult English

Offered through a partnership with Metro South Adult Basic Education (ABE), this class is for adults who are learning English and test into a beginning to low intermediate level. The class will meet on Tuesdays from 6:00-8:00 PM at Central Middle School (CMS). Registration is through Metro South ABE and requires an English test.

Register to take the required test at edenprairie.ce.eleyo.org; search for "Testing Night for Eagles Adult English." The test will take place Tuesday, August 20 from 5:45-8:00 PM at the Education Center. For more information, call Metro South at 952-681-6170 and ask about Eagles Adult English.

Testing Night for Eagles Adult English #5700-01 Tuesday, Aug. 20 5:45-8:00 PM **Education Center** 1 Session - FREE

Fasalkan aanu kula bahoowney Metro South Adult Basic Education, waxaa loogu talo galey dadka waaweyn ee barta afka Ingiriisiga, ee imtixaanka ka dib natiijada ay keenaan ee heerkooda lugadeed nogdo inta u dhaxeyso bilow iyo ilaa heerka dhexe qeybtiisa hoose. Fasalku wuxuu baxayaa Salaasada 6pm ilaa 8pm barta Central Middle Schoolka. Waxa la iska diiwaangalinayaa Metro South Adult Basic Education, waxaana gasab ah in lagaa gaado imtixaan. Wixii macluumaad dheeraada ah kala hadal halkan 952-681-6170 Metro South, oo weydii Eagles Adult English.

French I

Parlez-vous français? If you don't speak French and want to learn the secrets of surviving in a French-speaking country for business or pleasure, come and learn the basics of the French language. Textbook to be announced at class. Instructor: Fatima Ali Zeidan.

#4430-01 Wednesdays, Sept. 18-Nov. 20 6:00-7:30 PM Central Middle School, Room 409 10 Sessions - \$129

French II

Develop basic communicative proficiency in French for speaking, listening, reading, some limited writing, and familiarize yourself with cultural aspects of the French-speaking world. Main emphasis will be on grammar and pronunciation. Textbook will be announced at the first class. *Instructor*: Fatima Ali Zeidan.

#4431-01 Wednesdays, Sept. 18-Nov. 20 7:35-9:05 PM Central Middle School, Room 409 10 Sessions - \$129

German I

Learn the basics of listening, speaking, reading, and writing German! We will focus on the everyday aspects of the cultures of German-speaking countries. The cost of the textbook is approximately \$25 and will be collected at the first class. *Instructor: Martin Hidy*.

#4440-01 Wednesdays, Sept. 11–Oct. 30 6:00-7:30 PM Central Middle School, Room 511 8 Sessions - \$59

German Seminar

This class is designed for participants who have completed Eden Prairie's German III or have other advanced experience. We will be reading longer texts, viewing a German film, and speaking German. The \$25 textbook cost will be collected in class. *Instructor*: Martin Hidy.

#4443-01 Wednesdays, Sept. 11-Oct. 30 7:35 to 9:05 PM Central Middle School, Room 511 8 Sessions - \$59

Norwegian Seminar

For students with previous Norwegian language experience. Har du studert norsk før? Forstår du for det meste part hvordan mann bøyer verb på norsk? Kan du bruke substantiv i bestemt og ubestemt entall og flertall? Bli med på Norwegian Seminar da! Vi skal jobbe på grunnnivå grammatikk og muntlig og skriftlig norsk. Vi skal også jobbe mer med lytteforstårelse. Instructor: Stacie Luttschwager.

#4480-02 Wednesdays, Sept. 18-Dec. 4 No Class Oct. 16 and Nov. 27 7:00-9:00 PM Central Middle School, Conference Room B 10 Sessions - \$120

Intermediate Spanish Level 1

Come and enjoy learning Spanish in a fun and caring environment. Verbs and grammar concepts will be taught using the textbook Spanish is Fun Book A, (copyright, 2016). Basic concepts taught were the -ar verbs, gustar, tener, ser and estar. Some of the grammar concepts taught were telling time, adjectives, numbers and dates. Prerequisite: Must have completed Beginner Spanish or received pre-approval from the instructor. Instructor: Mary Greening.

#4569-01 Mondays, Sept. 16-Dec. 9 No Class Nov. 25 6:00-7:30 PM Education Center, Room 320 12 Sessions - \$149

Advanced Spanish Level 1

Come and enjoy learning Spanish in a fun and caring environment. We will continue studying verbs and grammatical concepts found in the textbook, Spanish is Fun Book B, (copyright 2016). We will also be reading a new novel to help stimulate good conversation. Prerequisite: Must have completed Intermediate Spanish or received pre-approval from the instructor. Instructor: Mary Greening.

#4576-01 Mondays, Sept. 16-Dec. 9 No Class Nov. 25 10:00-11:30 AM Education Center, Room 320 12 Sessions - \$149





A number of FREE adult English classes are offered in Eden Prairie through Metro South Adult Basic Education (ABE).

These classes include:

Many levels of classes at Hennepin Technical College, including morning, evening, and Saturday classes. Even more classes are available at Metro South in Bloomington.

The following classes are offered through a partnership between Metro South ABE and Eden Prairie Community Education specifically for Eden Prairie parents:

- Eagles Adult English, Tuesday evenings at Central Middle School for those testing into a beginning to low intermediate level.
- Family School for English language learners, weekday afternoons at Lower Campus for those testing into beginning and intermediate levels; includes afternoon preschool for qualifying children and care for younger siblings. See page 27.

All classes require pre-testing and application. For more information, contact Metro South at 952-681-6170.

Tirooyin fasallo kala duwan oo ah barashada afka Ingiriiiga ayey Metro South Adult Education ku bixisaa Eden Prairie gudaheeda. Waxaa ku jira fasaladan:

Fasallo badan oo kala darajo ah oo lagu bixiyo Hennepin Technical College, oo ay ku jiraan gaar arrootii ah, galabtii iyo Sabtidii.

Fasalo ay ku bahoobeen, wada jirna ay u bixiyaan Metro South Adult Basic Education iyo Eden Prairie Community Education.

Fasalada Salaasada fiidkii baxa ee Ingiriisiga dadka waaweyn ee Eagles Adult English, oo loogu talo galey dadka afkoodu yahey bilow ilaa dhexe-hoose.

Dugsiga Qoysaska ee Dadka Barta Ingiriisiga, oo baxa maalmaha dugsiga la dhigto, galinka dambe, looguna talo galey dadka agoonta Ingriisidoodu tahey bilow ilaa hoose-dhexe; waxaa kale oo ku jira waxbarashada hore ee caruurta yaryar ee xaga u leh in preshool-ka la gorri karo. Ka ee bogga 27.

Dhamaan fasaladan waxaa lagu xidhaa imtixaan la gaato iyo arji la buuxiyo. Wixii macluumaad dheeraad ah, kala hadal halkan 952-681-6170 Metro South.



adults with disabilities in social & life skills classes. To volunteer call 952-681-6109. This program is partially funded with a grant from the Minnesota Department of Education using state and/or federal funding, Minnesota Statute Section 124D.522 and/or CFDA 84.002, Adult Basic Education- Grants to States.

LEARNING EXCHANGE

Customized Community Education Classes Serving Adults with Disabilities as part of AR&LE

A wide variety of classes are offered through Learning Exchange for adults with disabilities. Classes this term run September through December, and are based in the four cities of Bloomington, Edina, Eden Prairie, and Richfield. For more information, call Janet at 952-681-6121 or email jclarke@isd271.org

Learning Exchange classes are for adults, 18 years old and older.

On-line Registration Site and AR&LE Website

For on-line registration, go to https://bloomington.ce.eleyo.com and login or create an account. To link from our web page, go to www.ARLEMN.org, go to the bottom of the page and click on Learning Exchange. For registration by phone call Learning Exchange at 952-681-6109 between 9:00 AM and 3:00 PM Monday through Friday.

Register at least 2 weeks before the class - many classes fill, early registration recommended.

FEATURED EVENT:



SOCIAL MEDIA AND CELL PHONE SAFETY

All adults welcome! Free!

Targeted audience: Adults, 18 and older, seeking introductory information on social media and cell phone safety, including adults with cognitive disabilities

Social media and cell phones are a part of our everyday lives to stay in touch with friends and family. Though a great resource for us, social media and cell phones have many risks. If risks are not addressed, strangers may know the same information as our friends and families. In this workshop we will identify strategies to keep yourself safe while using social media and cell phones. Information handout provided. Presented by: Minnesota Independence College and Community (MICC)

Date/Time: Monday, September 16, 2019; 7:00 pm-8:15 pm

Location: Woodlake Church, Fellowship Hall

2120 76th St. W; Richfield

Cost: FREE! Pre-registration requested, space limited

by Thursday, September 12 Register:

> On-line link for registration: tiny.cc/gky47y By phone: Judy Stelmazek, 952-681-6109

Watch for more free workshops in future catalogs!

PERSONAL LEISURE & HEALTHY LIFESTYLES

- Chair Yoga and Relaxation, Monthly starting September 10; \$22
- Fabulous Fingers for Fall, September 24, \$12
- Inner World of Martial Arts, October 1, \$10
- "Thriller" Line Dance Moves, October 10, \$11
- First Aid Basics, October 15, \$12
- Volunteer and Social Time, October 17, \$6
- Shooting Pool, November 4, \$9
- Friendship Skills: Bingo, Trivia and Conversation, November 12, \$11
- Safety at Home and 911 Calls, November 19, \$8
- Cocoa and Carols, December 3, \$14

And More!

Plus Monthly Cooking Classes and Crafts!



Card Stamping classes are a blast!

For more information or to volunteer at our fun classes, email Janet at jclarke@isd271.org or call 952-681-6121.

WHY JOIN US?

Here are reasons to love Community Education, from our



FAMILY SCHOOL ENGLISH LANGUAGE LEARNERS

"It's important for the children and the communication and the school and the teachers. Everything, And the friends...Our kids, when they start here, they learn a lot of things-learning, sharing, reading, writing, exercise. Everything. Every day we come as parents and learn new words. It is important for us to be here." 2019 Family School parents, writing as a class



EARLY CHILDHOOD FAMILY EDUCATION (ECFE)

"ECFE has been great for our family! I really appreciate the support from the teachers and all the information we learn through the developmental stages. It has been great to connect with other parents in the class with kids the same age. " Jamie, ECFE parent

"The Daddy and Me class has given me time to bond with my boys. It has also helped me greatly as a parent, by better understanding what young kids are feeling and strategies to approach both their challenges and successes." Garrett, Daddy and Me class parent



LITTLE EAGLES PRESCHOOL

"We loved our kids having teachers skilled in creating meaningful connections with students, their ability to deliver creative curriculum in the classroom, the encouragement of family involvement, and the diversity of children and families." Lindsey, Little Eagles parent





EPIC YOUTH PROGRAMS

"There are many things we have really loved about EPIC Camps. We love the variety of educational options that are available! Our daughter likes choosing from all the available options like STEM, sports, cooking, water play, language and music! And we really appreciate that there is childcare coverage for a full day, making it a great fit for working families!" - Kareena, EPIC parent



EAGLE ZONE SCHOOL AGE CARE

"My boys enjoyed playing with their friends after school. On multiple occasions they were disappointed that I picked them up early because they wanted to have more time with their friends. They also really enjoyed some of the special activities like makeyour-own slime." Karen, Eagle Zone parent

program participants!





ADULT LEARNING

"I love the feeling after a class where I've learned something new alongside other community members. It's a comfortable and fun setting - instructors really keep the topics interesting and everyone engaged!" Beth, Adult Learning student



VOLUNTEER PROGRAM

"Volunteering is important to Eden Prairie because while giving makes you a better person, your helping out also enriches Eden Prairie and makes it a better place to live in for all. You'll feel good doing it!" - Volunteer at Oak Point Elementary

Have a story to share about your Community Education experience? We'd love to hear it! Email us at ComEd@edenpr.org.

Looking for more ways to get involved? This is just a sample of what you can find in Community Education. Here are more ways to engage:

- Volunteer Program
- Community Engagement Impact Council
- Early Childhood Advisory Council
- Family Resources Program
- Early Childhood Screening
- Driver Education
- Facility Rental



REGISTER



ONLINE

www.edenpr.org/epcommunityed



PHONE

952-975-6940



IN PERSON

Education Center 8040 Mitchell Rd. Eden Prairie, MN 55344 8:00 AM-4:30 PM Monday through Friday

Para obtener información en español, contáctese con Heriberto Vargas en hvargas@edenpr.org o 952-975-7068.

> Haddii aad ubaahan tahay caawinaad af Somali so wac 952-975-7069.

REGISTRATION FAQs

CANCELLATION POLICY

If you need to cancel, please notify us in advance at 952-975-6940 and we will refund your tuition minus a \$5 processing fee. No refunds will be given on or after the starting date of class. Please note preschool (\$75) registration fees are non-refundable.

For preschool, any changes to the child's schedule, including withdrawal from the program, must be given 10 business days prior to when the change is needed. If notice is not given, two weeks of tuition will be charged to the account. A \$10 processing fee is charged for all cancellations. No refunds are given for emergency or weather closings or for days missed due to illness or vacation.

FEE ASSISTANCE

Fee assistance is available for all enrichment classes, but must be approved in advance. Eligibility quidelines are posted at www.edenpr.org/ **FeeAssistance** or visit the office for more information.

INCLEMENT WEATHER

If school closes during the day due to bad weather, Community Education will cancel all activities. Announcements will be made on local TV news channels and on the school district website at www. edenpr.org. In most cases enrichment classes will be rescheduled

ADULTS WITH DISABILITIES

For deaf or hard of hearing, call the MN Relay Service at 1-800-627-3529.

If you need a sign language interpreter or other accommodations to participate in Community Education classes, call Learning Exchange at 952-681-6121 or email jclarke@isd271.org at least 10 business days before your class.

IMMUNIZATION LAW

All students in Minnesota must have immunizations up-to-date and on record with the school before the child starts class. Immunization forms are available online at www.edenpr.org/ECFE.

PHOTO POLICY

Participants in our programs may be photographed, filmed, or interviewed and the pictures, videos and quotes may be used by Eden Prairie Community Education and/or local news media.

If you would prefer not to have you or your child photographed, filmed, or interviewed, please contact our office after registering at 952-975-6940 so we may honor your wish.

DIRECTIONS TO CLASSES

Visit our website at www.edenpr.org/ epcommunityed for detailed directions to all Eden Prairie Schools locations.

INTERESTED IN TEACHING AN ADULT OR **YOUTH ENRICHMENT CLASS?**

Community Education is centered around learning and sharing. Have you ever thought about teaching a class? We would love to hear your ideas. Submitting a proposal is easy. Fill out the short course proposal form during open proposal times in the Teach a Class dropdown section at www.edenpr.org/GetInvolved.

BIRTH DATE GUIDELINES

For both ECFE and preschool classes, please select your class based on your child's age by Sept. 1, 2019. This age requirement aligns with district kindergarten age requirements.

BIRTH CERTIFICATE

Please submit a copy of your child's birth certificate for any child participating in ECFE or preschool. They can be emailed to ComEd@edenpr.org or dropped off at the Community Education office.

Have additional questions? Please contact us by phone, email or stop by our office with any questions you may have! 952-975-6940 ComEd@edenpr.org

THE EASIEST WAY TO REGISTER IS ONLINE!

We have one convenient place to register for all Community Education programs from early childhood through adult classes! Create an account to register yourself and your family members for a class or activity. The registration site makes it easy for you to register for a class, make a payment, and manage your account all in one convenient place.

To register, please follow these easy steps:

- Go to www.edenpr.org/epcommunityed and click on "Register" in the menu bar.
- Click on "Sign In."
- If needed, then create an account and fill in your personal information.
- After this step, you will be able to add family members to your family profile. You are now ready to register online.
- **Computers and iPads are available at both the Education Center and Lower Campus for registration. **



Mark your calendar and plan to attend! Back-to-School Open House Nights

Mark your calendar and plan to attend your student's Open House!

Your family will be able to check out your classroom, meet your teacher, and drop off school supplies in preparation for the start of the 2019-20 school year.

***** EARLY CHILDHOOD FAMILY EDUCATION

Wednesday, August 28, 4:00-6:00 PM Education Center, 8040 Mitchell Road, Eden Prairie, MN 55344

★ LITTLE EAGLES PRESCHOOL

Wednesday, August 28, 4:00–6:00 PM (half-day) Lower Campus, 8100 School Road, Eden Prairie, MN 55344 (full-day) Education Center, 8040 Mitchell Road, Eden Prairie, MN 55344 (5-k Prep) Cedar Ridge, 905 Braxton Drive, Eden Prairie, MN 55347

CEDAR RIDGE ELEMENTARY

Wednesday, August 28, 4:00-6:00 PM 905 Braxton Drive, Eden Prairie, MN 55347

PRAIRIE VIEW ELEMENTARY

Wednesday, August 28, 4:00-6:00 PM 17255 Peterborg Road, Eden Prairie, MN 55346

FOREST HILLS ELEMENTARY

Wednesday, August 28, 4:00-6:00 PM 13708 Holly Road, Eden Prairie, MN 55346

***** EAGLE HEIGHTS ELEMENTARY

Thursday, August 29, 4:00–6:00 PM 13400 Staring Lake Parkway, Eden Prairie, MN 55347

***** EDEN LAKE ELEMENTARY

Wednesday, August 28, 4:00-6:00 PM 12000 Anderson Lakes Parkway, Eden Prairie, MN 55344

A OAK POINT ELEMENTARY

Wednesday, August 28, 4:00-6:00 PM 13400 Staring Lake Parkway, Eden Prairie, MN 55347

★ CENTRAL MIDDLE SCHOOL

Thursday, August 22, 4:00–8:00 PM (7th grade) Monday, August 26, 4:00–8:00 PM (8th grade) 8025 School Road, Eden Prairie, MN 55344

★ EDEN PRAIRIE HIGH SCHOOL

Wednesday, August 28, 4:00-6:00 PM 17185 Valley View Road, Eden Prairie, MN 55346

BACK-TO-SCHOOL SUPPLIES PROGRAM

Every year, students need adequate supplies to be successful in school. The Back-to-School Supplies Program seeks to ensure EACH student is prepared, even if a family is experiencing financial hardship.

PROGRAM HIGHLIGHTS:

- Supplies provided to match student needs
- Easy process for families no need to register or verify income
- Backpacks/supplies distributed at the schools
- Tailored program better meets individual school needs
- Increased connections between the schools and community

HOW TO ACCESS SUPPLIES: You can access supplies during Back-to-School Open House Nights across the district. Simply stop by the school your child will be attending for the 2019/2020 academic year during Back-to-School Open House Night. Ask for the School Supplies Program or to speak with the school social worker.

THANK YOU

to the following Eden Prairie Churches who have stepped up to "Adopt a School" this year:









Eden Prairie Schools WELCOME CENTER



EDEN PRAIRIE SCHOOLS

Inspiring each student every day



Whether you're new to the area, ready to enroll, or have questions about Eden Prairie Schools, we're here to help!

Our Welcome Center is your one-stop location to connect your family with the school district. We invite you to contact us or visit us in person.

We're located at 8100 School Road in Eden Prairie Office hours: Monday-Friday, 7:30 a.m. - 4:30 p.m. Call us at 952-975-7008 or email register4ep@edenpr.org

Enroll today at www.edenpr.org/enroll

strong schools. safe schools. successful students.



THANK YOU, VOTERS!

We are so grateful to our community for supporting the referendum request this past May. The referendum passed by nearly 70 percent. This was the largest margin of approval for a school district referendum in 25 years. With this funding we can provide the learning environments our students need and deserve.

The bond referendum proposal came from three years of study that involved Eden Prairie residents, teachers, staff and students. The referendum request responded to what the community said it wanted for students in Eden Prairie Schools. School security improvements and redesigning classroom work is already in process. Welcoming preschoolers to all elementary schools and moving 6th graders to the middle school will take place in fall 2021.

I invite you to stay up to date on the latest news at www.edenpr.org as we continue inspiring each student every day.

Go Eagles!

Superintendent Dr. Josh Swanson



Eden Prairie Schools ISD 272 Community Education 8040 Mitchell Road Eden Prairie, MN 55344

Non-Profit Org. U.S. Postage PAID Permit #253 Hopkins, MN 55343

Community Education inspires lifelong learning by providing opportunities to connect and engage people of all ages, interests and abilities.



Early Childhood Family Education + Early Childhood Screening + Little Eagles Preschool + EPIC Youth Programs + Eagle Zone School Age Care + Adult Learning + Family Resources Program + Volunteer Program + Facilities Rental =

COMMUNITY EDUCATION