



Spring Sports 2021: Day One Information

BADMINTON

- **Start Date:** Monday, March 22nd
- **Report time:** 6:00 am
- **Where to Report:** EPHS Main Gym
- **What to wear/bring:** tennis shoes, shorts/leggings, t-shirt, badminton racket

BASEBALL

- **Start date:** Monday, March 29th
- **Report time:** 3:00 pm
- **Where to report:** EP Dome
- **What to wear/bring:** please bring all appropriate baseball equipment including glove, bat, helmet, batting gloves, catcher's equipment, etc.
Sweat/short/hats/athletic wear encouraged - baseball pants not.
- **9th graders** will report on Day 1 for tryouts, which will take place from 3-5 pm
- **10th graders** will report for arm/physical conditioning, and will workout from 3-4 pm
- **11th/12th graders** will report for arm/physical conditioning, and will workout from 4-5 pm

BOYS GOLF

- **Start Date:** Monday, March 29th
- **Report time:** 3:00 pm
- **Where to report:** Bearpath Golf & Country Club
- **What to wear/bring:** golf clubs, golf shoes, appropriate attire (collared shirt & pants)

GIRLS GOLF

- **Start date:** Monday, March 29th
- **Report time:** 3:00 pm
- **Where to report:** Glen Lake Golf Range
- **What to wear/bring:** clubs and appropriate attire
- **After spring break (4/5/21)** - athletes will meet at Bent Creek Golf Course

BOYS LACROSSE

- **Start date:** Monday, April 5th
- **Report time:** 7:55 pm
- **Where to report:** EP Dome
- **What to wear/bring:** full protective gear, water bottle, mouth guard, cleats



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GIRLS LACROSSE

- **Start date:** Monday, April 5th
- **Report time:** 3:00 pm
- **Where to report:** EP Dome
- **What to wear/bring:** masks, goggles, sticks, water bottle, mouth guard, cleats

SOFTBALL

- **Start date:** Monday, March 29th
- **Report time:** 12:00 pm
- **Where to report:** EP Dome
- **What to wear/bring:** wear softball pants and t-shirt, bring turf shoes or tennis shoes. Cleats are not allowed in the dome. A glove and helmet are required. If you do not have one to bring, one will be provided for you

SYNCHRONIZED SWIMMING

- **Start date:** Monday, March 15th
- **Report time:** 4:00 pm
- **Where to report:** All levels should report to the pool doors in the Upper Lot at Oak Point Elementary School
- **What to wear/bring:** 1 piece swimsuit, goggles, towel, water bottle, swim cap, and change of clothes

BOYS TENNIS

- **Start date:** Monday, March 29th
- **Report time:** 3:00 pm
- **Where to report:** Round Lake Tennis Courts
- **What to wear/bring:** tennis racquet and tennis shoes

TRACK & FIELD (BOYS/GIRLS)

- **Start date:** Monday, March 29th
- **Report time:** 3:00 pm
- **Where to report:** Activity Center
- **What to wear/bring:** dress in comfortable workout clothes and proper running tennis shoes. *DRESS FOR THE WEATHER - we run outside! Bring layers if necessary. Wear a wristwatch if you have one.
- Bring a small bag to keep personal items. You won't have access to locker rooms during spring break week.